

PROVIDER BULLETIN

PROVIDER INFORMATION



August 1, 2024

New Medical, Medical Drug and Behavioral Health Policy Management Updates, Effective October 7, 2024

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) will be expanding utilization management requirements, including prior authorization (PA) requirements.

As stewards of healthcare expenditures for our subscribers, we are charged with ensuring they receive the highest quality, evidence-based care. This is accomplished through expanded development of medical policies and through management of these policies to include the PA process. The primary purpose of the PA process is to ensure that evidence-based care is provided to our subscribers, driving quality, safety, and affordability.

The following prior authorization changes will be effective October 7, 2024:

Policy #	Policy Title/ Service	New Policy	Prior Authorization Requirement	Line(s) of Business
L37485	Perirectal Spacer for Use During Radiotherapy for Prostate Cancer	IV-164	Continued	Medicare Advantage MSHO
MCG Care Guidelines	Substance Use Disorder Residential Services	American Society of Addiction Medicine (ASAM) Criteria	Continued	Commercial

Products Impacted

- The information in this bulletin applies only to subscribers who have coverage through Commercial, Medicare Advantage or Minnesota Senior Health Options (MSHO).

Submitting a PA Request when Applicable

- Providers may submit PA requests for any treatment in the above table starting September 30, 2024.
- Providers must check applicable Blue Cross policy and attach all required clinical documentation with the PA request. PA requests will be reviewed when patient-specific, relevant medical documentation has been submitted supporting the medical necessity of the service. Failure to submit required information may result in review delays or a denial of the request due to insufficient information to support medical necessity. If a provider does not obtain the required PA before rendering services, Blue Cross will deny claims as provider liability for lack of prior authorization.
- PA approval will be based on the Blue Cross policy criteria. To review Blue Cross criteria:
 - Go to www.bluecrossmn.com/providers/medical-management
 - Select "See Medical and Behavioral Health Policies" then click "Search Medical and Behavioral Health Policies" to access policy criteria.

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Distribution: bluecrossmn.com/providers/forms-and-publications

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- Current and future PA requirements and related clinical coverage criteria can be found using *the Is Authorization Required* tool at www.availity.com/essentials or at www.bluecrossmn.com/providers/medical-management prior to submitting a PA request.
- Prior authorization lists are also updated to reflect additional PA requirements on the effective date of the management change and include applicable codes. To access the PDF prior authorization lists for all lines of business go to www.bluecrossmn.com/providers/medical-management

Prior Authorization Requests

- For information on how to submit a prior authorization please go to: bluecrossmn.com/providers/medical-management
- Note: An approved PA does not guarantee coverage under a subscriber's benefit plan. Subscriber benefit plans vary in coverage and some plans may not provide coverage for certain services discussed in the medical policies.

Reminder Regarding Medical Policy Updates & Changes:

Medical Policy changes are communicated in the Upcoming Medical Policy Notifications section of the Blue Cross Medical and Behavioral Health Policy website. The Upcoming Policies section lists new, revised, or inactivated policies approved by the Blue Cross Medical and Behavioral Health Policy Committee and are effective at minimum 45 days from the date they were posted. To access the website:

- Go to <https://www.bluecrossmn.com/providers/medical-management>
- Select "See Medical and Behavioral Health Policies" then click "See Upcoming Medical and Behavioral Health Policy Notifications."

Questions?

Please contact provider services at **(651) 662-5200** or **1-800-262-0820**.