

Blue Cross® and Blue Shield® of Minnesota and Blue Plus® are nonprofi

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Knife River Corporation – HSA Plan 2

Coverage Period: Beginning on or after 01/01/2024
Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>bluecrossmn.com</u> or call 1-877-293-7039. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-877-293-7039 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$3,200 Individual In Network \$6,400 Family In Network \$5,000 Individual Out-of-Network \$10,000 Family Out-of-Network	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers. Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. This <u>plan</u> has an embedded <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Well child care, prenatal care and innetwork preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits">https://www.healthcare.gov/coverage/preventive-care-benefits</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this plan?	\$4,500 Individual In Network Medical/Drug \$9,000 Family In Network Medical/Drug \$6,000 Individual Out-of-Network Medical/Drug \$12,000 Family Out-of-Network Medical/Drug	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.  This <u>plan</u> has a non-embedded <u>out-of-pocket limit</u> . If you have other family members on this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met. The single <u>out-of-pocket limit</u> applies to single coverage only.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Will you pay less if you use an in-network provider?	Yes. See <u>bluecrossmn.com/find-a-doctor/#/home</u> or call 1-877-293-7039 for a list of <u>in-network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider in the plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider for the difference between the provider's charge and what your <u>plan pays (balance billing)</u>. Be aware your <u>in-network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before you get services</u>.</u></u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	0 · V II	What you Will Pay		Limitations, Exceptions, &	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	None	
	Specialist visit	20% coinsurance	40% coinsurance	None	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge	Well child: Not covered Adult: Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	May require prior	
ii you iiave a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	authorization.	
If you need drugs to treat your illness or condition.	Preferred generic drugs	20% coinsurance/retail 20% coinsurance/mail service 20% coinsurance/90dayRx retail	Not covered	Covers up to a 31-day supply (retail prescription); 90-day supply (mail service prescription and 90dayRx	
More information about <u>prescription drug</u> <u>coverage</u> is available at <u>bluecrossmn.com</u>	Preferred brand drugs	20% coinsurance/retail 20% coinsurance/mail service 20% coinsurance/90dayRx retail	Not covered	retail prescription).  Some over-the-counter drugs can be obtained with a	

Common Medical Event	Services You May Need	What you \ In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay	Limitations, Exceptions, & Other Important Information
	Non-preferred generic drugs	20% coinsurance/retail 20% coinsurance/mail service 20% coinsurance/90dayRx retail	Not covered	prescription at the preventive level of benefits.  The value of drug coupons
	Non-preferred brand drugs	20% coinsurance/retail 20% coinsurance/mail service 20% coinsurance/90dayRx retail	Not covered	you use will not count towards cost sharing or out-of-pocket limits.  May require prior authorization.
	Specialty drugs	Refer to applicable prescription drug cost sharing	Not covered	Covers up to a 31-day supply (participating specialty drug network supplier prescription).
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	May require prior authorization.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
	Emergency room care	20% coinsurance	20% coinsurance	None
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	None
	Urgent care	20% coinsurance	40% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	None
	Physician/surgeon fee	20% coinsurance	40% coinsurance	None
If you need mental health, behavioral health, or substance use services	Outpatient services	20% coinsurance	40% coinsurance	May require prior authorization. Services for marriage/couples counseling are not covered.
nearth, or substance use services	Inpatient services including adult mental health treatment	20% coinsurance	40% coinsurance	May require prior authorization.

Common Medical Event	Services You May Need	What you \ In-Network Provider (You will pay the least)	Nill Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Office visits	Prenatal care: No charge Postnatal care: 20% coinsurance	Prenatal care: Not covered Postnatal care: 40% coinsurance	Cost-sharing does not apply for preventive services. Depending on the type of
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	services, other cost-sharing may apply. Maternity care
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	may include tests and services described elsewhere in the SBC (e.g., ultrasound).
If you need help recovering or have other special health needs	Home health care	20% coinsurance	40% coinsurance	Prior authorization required
	Rehabilitation services	20% coinsurance for occupational therapy 20% coinsurance for physical therapy 20% coinsurance for speech therapy	40% coinsurance for occupational therapy 40% coinsurance for physical therapy 40% coinsurance for speech therapy	May require prior authorization.
	Habilitation services	20% coinsurance for occupational therapy 20% coinsurance for physical therapy 20% coinsurance for speech therapy	40% coinsurance for occupational therapy 40% coinsurance for physical therapy 40% coinsurance for speech therapy	May require prior authorization.
	Skilled nursing care	20% coinsurance	40% coinsurance	May require prior authorization.
	Durable medical equipment	20% coinsurance	40% coinsurance	Prior authorization required for unlisted codes over \$1,000
	Hospice service	20% coinsurance	40% coinsurance	Prior authorization required
	Children's eye exam	Not covered	Not covered	No coverage
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	No coverage
	Children's dental check- up	Not covered	Not covered	No coverage

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
Cosmetic surgery	<ul> <li>Long-term care</li> </ul>	<ul> <li>Routine foot care</li> </ul>		
<ul> <li>Dental care (adult and children)</li> </ul>	<ul> <li>Private-duty nursing</li> </ul>	<ul> <li>Therapeutic massage</li> </ul>		
<ul> <li>Hearing aids (adult)</li> </ul>	<ul> <li>Routine eye care (adult and children)</li> </ul>	<ul> <li>Weight loss programs</li> </ul>		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)				
Acupuncture	Chiropractic care	Infertility treatment		
Bariatric surgery	<ul> <li>Hearing aids (children under age 18)</li> </ul>	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Minnesota Department of Commerce at 1-800-657-3602; the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>; or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323, extension 61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. For more information on your rights to continue coverage, contact Blue Cross at 1-877-293-7039. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.mnsure.com">www.mnsure.com</a> or call 1-855-366-7873.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Blue Cross at 1-877-293-7039; the Minnesota Department of Commerce at 1-800-657-3602; the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. If you are covered under a plan offered by the State Health Plan, a city, county, school district, or Service Cooperative, or charch plan you may contact the Department of Health and Human Services Health Insurance team at 1-888-393-2789.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan Meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-903-2583.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-537-7720.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-855-315-4017.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-902-2583.

### **Notice of Nondiscrimination Practices**

### Effective July 18, 2016

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender. Blue Cross does not exclude people or treat them differently because of race, color, national origin, age, disability, or gender.

Blue Cross provides resources to access information in alternative formats and languages:

- Auxiliary aids and services, such as qualified interpreters and written information available in other formats, are available free of charge to people with disabilities
  to assist in communicating with us.
- Language services, such as qualified interpreters and information written in other languages, are available free of charge to people whose primary language is not English.

If you need these services, contact us at 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711.

If you believe that Blue Cross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or gender, you can file a grievance with the Nondiscrimination Civil Rights Coordinator

- by email at: <u>Civil.Rights.Coord@bluecrossmn.com</u>
- by mail at: Nondiscrimination Civil Rights Coordinator

Blue Cross and Blue Shield of Minnesota and Blue Plus

M495

PO Box 64560

Eagan, MN 55164-0560

or by telephone at: 1-800-509-5312

Grievance forms are available by contacting us at the contacts listed above, by calling 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711. If you need help filing a grievance, assistance is available by contacting us at the numbers listed above.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights

- electronically through the Office for Civil Rights Complaint Portal, available at: <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>
- by telephone at: 1-800-368-1019 or 1-800-537-7697 (TDD)
- or by mail at: U.S. Department of Health and Human Services

200 Independence Avenue SW Room 509F, HHH Building Washington, DC 20201

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

## To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1146. The time required to complete this information collection is estimated to average 0.08 hours per response, including the time to review instructions, search existing data resources, gather data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■The plan's overall <u>deductible</u>	\$3,200
■ Specialist coinsurance	20%
■Hospital (facility) coinsurance	20%
■Other coinsurance	20%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/delivery professional services
Childbirth/delivery facility services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example. Dog would now			
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$3,200		
<u>Copayments</u>	\$0		
Coinsurance	\$1,300		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$4,560		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■The plan's overall deductible	\$3,200
■ Specialist coinsurance	20%
■Hospital (facility) coinsurance	20%
■Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$3,200		
Copayments	\$0		
Coinsurance	\$400		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$3,620		

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■The plan's overall deductible	\$3,200
■Specialist coinsurance	20%
■Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions \$0		
The total Mia would pay is	\$2,800	

The total patient would pay amount assumes the patient is not using funds from a Flexible Spending Account (FSA), Health Savings Account (HSA), or an integrated Health Reimbursement Account (HRA), including an integrated HRA funded through a Voluntary Employee Beneficiary Association (VEBA-HRA). Account balances may provide you funds to help cover out-of-pocket expenses.

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please refer to your plan document.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

## **Language Access Services:**

This information is available in other languages. Free language assistance services are available by calling the toll free number below. For TTY, call 711.

Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al 1-855-903-2583. Para TTY, llame al 711.

Yog tias koj hais lus Hmoob, muaj kev pab txhais lus pub dawb rau koj. Hu rau 1-800-793-6931. Rau TTY, hu rau 711.

Haddii aad ku hadasho Soomaali, adigu waxaad heli kartaa caawimo luqad lacag la'aan ah. Wac 1-866-251-6736. Markay tahay dad maqalku ku adag yahay (TTY), wac 711.

နမ္ါကတိုးကညီကျိုာ်မ်ိဳး, တါကဟ္္နာနာကျိုာ်တါမှာစားကလီတဖဉ်န္ဦးလီး. ကိုး 1-866-251-6744 လ၊ TTY အင်္ဂါ, ကိုး 711 တက္နါ.

إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. اتصل بالرقم 9123-966-569-1. للهاتف النصى اتصل بالرقم 711.

Nếu quý vị nói Tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Gọi số 1-855-315-4015. Người dùng TTY xin gọi 711.

Afaan Oromoo dubbattu yoo ta'e, tajaajila gargaarsa afaan hiikuu kaffaltii malee. Argachuuf 1-855-315-4016 bilbilaa. TTY dhaaf, 711 bilbilaa.

如果您說中文,我們可以為您提供免費的語言協助服務。請撥打 1-855-315-4017。聽語障專 (TTY),請撥打 711。

Если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Звоните 1-855-315-4028. Для использования телефонного аппарата с текстовым выходом звоните 711.

Si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le +1-855-315-4029. Pour les personnes malentendantes, appelez le 711.

አማርኛ የሚናንሩ ከሆነ፣ ነጻ የቋንቋ አንልባሎት እርዳ አለሎት። በ ו-855-315-4030 ይደውሉ ለ TTY በ 7ነነ።

한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 1-855-904-2583 으로 전화하십시오. TTY 사용자는 711 로 전화하십시오.

ຖ້າເຈົ້າເວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອພາສາໃຫ້ເຈົ້າຟຣີ. ໃຫ້ໂທຫາ 1-866-356-2423 ສໍາລັບ. TTY, ໃຫ້ໂທຫາ 711.

Kung nagsasalita kayo ng Tagalog, mayroon kayong magagamit na libreng tulong na mga serbisyo sa wika. Tumawag sa 1-866-537-7720. Para sa TTY, tumawag sa 711.

Wenn Sie Deutsch sprechen, steht Ihnen fremdsprachliche Unterstützung zur Verfügung. Wählen Sie 1-866-289-7402. Für TTY wählen Sie 711.

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរមន អ្នកអាចរកបានសេវាជំនួយភាសាឥតគិតថ្លៃ។ ទូរស័ព្ទមកលេខ 1-855-906-2583។ សម្រាប់ TTY សូមទូរស័ព្ទមកលេខ 711។

Diné k'ehjí yánílt'i'go saad bee yát'i' éí t'áájíík'e bee níká'a'doowołgo éí ná'ahoot'i'. Kojį éí béésh bee hodíílnih 1-855-902-2583. TTY biniiyégo éí 711 jį' béésh bee hodíílnih.