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Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services BlueAccess Gold \$2,000 Plan 652

Coverage Period: Beginning on or after 01/01/2024 Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>bluecrossmn.com</u> or call 1-888-279-4210. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-888-279-4210 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|--|--|
| What is the overall deductible? | \$2,000 individual / \$4,000 family medical <u>in-network</u> \$10,000 individual / \$20,000 family medical <u>out-of-network</u> | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. This <u>plan</u> has an embedded <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Well child care, prenatal care and in-network preventive care services are covered before you meet your deductible. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No. | You don't have to meet deductible for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$7,000 individual / \$14,000 family medical and drug in-network \$30,000 individual / \$60,000 family medical and drug out-of-network | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. This <u>plan</u> has an embedded <u>out-of-pocket limit</u> . If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the <u>out-of-pocket limit</u> ? | Premiums, balance-billing charges (unless balanced billing is prohibited), and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit. |
| Will you pay less if you use an in-network provider? | Yes. Your network is Aware. See bluecrossmn.com/awarenetwork or call 1-888-279-4210 for a list of in-network providers. | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>in-network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |

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| Important Questions | Answers | Why This Matters: |
|--|---------|---|
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral. |

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| | | What You Will Pay | | |
|--|--|--|---|---|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$35 <u>copay</u> /office visit, <u>deductible</u> does not apply; 30% <u>coinsurance</u> for all other services | 50% coinsurance | None |
| | Specialist visit | \$70 copay/office visit, deductible does not apply; 30% coinsurance for all other services | 50% coinsurance | None |
| | Preventive care/screening/ immunization | No charge | Well child: No charge Adult: 50% coinsurance | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | 30% coinsurance | 50% coinsurance | May require prior authorization. |
| | Imaging (CT/PET scans, MRIs) | 30% coinsurance | 50% coinsurance | May require prior authorization. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at bluecrossmn.com/smallgro updruglist2024 | Tier 1 drugs | \$20 copay/prescription (retail) or \$60 copay/prescription (mail service & 90dayRx retail), deductible does not apply | Not covered | Covers up to a 31-day supply (retail prescription); 93-day supply (mail service prescription and 90dayRx retail |
| | Tier 2 drugs | \$75 <u>copay</u> /prescription (retail) or \$225 <u>copay</u> /prescription (mail service & 90dayRx retail), <u>deductible</u> does not apply | Not covered | of the covered drug list is covered at zero cost-sharing. The value of drug coupons you use will not count towards cost |
| | Tier 3 drugs | \$150 copay/prescription (retail) or \$450 copay/prescription (mail service & 90dayRx retail), deductible does not apply | Not covered | sharing or out-of-pocket limits. Drugs and drug tiers on the formulary may change with notice. May require prior authorization. |

| | | What You Will Pay | | |
|--|--|---|--|---|
| Common Medical Event Services You May Need | | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Tier 4 <u>specialty drugs</u> | 30% <u>coinsurance</u> , <u>deductible</u> does not apply | Not covered | Covers up to a 31-day supply (participating specialty drug network supplier required). The value of drug coupons you use will not count towards cost sharing or out-of-pocket limits. Drugs and drug tiers on the formulary may change with notice. May require prior authorization. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 30% coinsurance | 50% coinsurance | May require prior authorization. |
| | Physician/surgeon fees | 30% coinsurance | 50% coinsurance | |
| | Emergency room care | 30% coinsurance | 30% coinsurance | Out-of-network services apply to in- |
| | Emergency medical transportation | 30% coinsurance | 30% coinsurance | network deductible and out-of-pocket limit. |
| If you need immediate medical attention | Urgent care | \$35 copay/primary care office visit or \$70 copay/specialist office visit whichever is applicable, deductible does not apply; 30% coinsurance for all other services | 50% coinsurance | None |
| If you have a hospital | Facility fee (e.g., hospital room) | 30% coinsurance | 50% coinsurance | May require prior authorization. |
| stay | Physician/surgeon fees | 30% coinsurance | 50% coinsurance | |
| If you need mental health, behavioral | Outpatient services | \$35 copay/office visit, deductible does not apply; 30% coinsurance for all other services | 50% coinsurance | Services for marriage/couples counseling |
| health, or substance use services | Inpatient services including residential adult mental health treatment | 30% coinsurance | 50% coinsurance | are not covered. May require prior authorization. |
| If you are pregnant | Office visits | Prenatal care: No charge Postnatal care: \$35 <u>copay</u> /primary care office visit or \$70 <u>copay/</u> specialist office visit | Prenatal care: No charge Postnatal care: 50% coinsurance | Cost sharing does not apply for preventive services. Depending on the type of services, other cost sharing may |

| | | What You Will Pay | | |
|--|---|---|--|--|
| Common Medical Event | Services You May Need | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | | whichever is applicable, deductible does not apply; 30% coinsurance for all other services | | apply. Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound). |
| | Childbirth/delivery professional services | 30% coinsurance | 50% coinsurance | |
| | Childbirth/delivery facility services | 30% coinsurance | 50% coinsurance | |
| | Home health care | 30% coinsurance | Not covered | 120 visits per person per benefit period. May require prior authorization. |
| | Rehabilitation services | 30% coinsurance | 50% <u>coinsurance</u> | Includes physical therapy, speech |
| If you need help recovering or have other special health needs | Habilitation services | 30% coinsurance | 50% coinsurance | therapy, and occupational therapy. May require prior authorization. |
| | Skilled nursing care | 30% coinsurance | 50% coinsurance | Combined 120 days per person per benefit period. May require prior authorization. |
| | Durable medical equipment | 30% coinsurance | 50% coinsurance | May require prior authorization. |
| | Hospice services | 30% coinsurance | Not covered | None |
| | Children's eye exam | No charge | Age 0 through 5: No charge Age 6 through 18: 50% coinsurance | None |
| If your child needs dental or eye care | Children's glasses | 30% coinsurance | Not covered | Maximum of one standard frame and one pair of lenses or one pair of contact lenses or one year supply of disposable contact lenses per calendar year for members age 18 and younger. |
| | Children's dental check-up | Not covered | Not covered | No coverage for these services. |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult) (and children)

- Drugs not on the covered drug list unless an exception is obtained
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.

- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

Hearing aids

Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is Minnesota Department of Commerce at 1-800-657-3602; the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; or, Department of Health and Human Services, Center for Consumer Information, and Insurance Oversight, at 1-877-267-2323 x 61565 or www.cciio.cms.gov. For more information on your rights to continue coverage, contact Blue Cross at 1-888-279-4210. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.mnsure.org or call 1-855-366-7873.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross at 1-800-279-4210; Minnesota Department of Commerce at 1-800-657-3602: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-903-2583.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-537-7720.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-315-4017.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-902-2583.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$2,000 |
|---|---------|
| ■ Specialist copayment | \$70 |
| ■ Hospital (facility) coinsurance | 30% |
| Other coinsurance | 30% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| \$12,700 | | |
|---------------------------------|--|--|
| In this example, Peg would pay: | | |
| Cost Sharing | | |
| \$2,000 | | |
| \$10 | | |
| \$2,400 | | |
| | | |
| \$60 | | |
| \$4,470 | | |
| | | |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible | \$2,000 |
|-----------------------------------|---------|
| ■ Specialist copayment | \$70 |
| ■ Hospital (facility) coinsurance | 30% |
| ■ Other <u>coinsurance</u> | 30% |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

| Total Example Cost | \$5,600 | |
|---------------------------------|---------|--|
| In this example, Joe would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | \$900 | |
| Copayments | \$600 | |
| Coinsurance | \$0 | |
| What isn't covered | | |
| Limits or exclusions | \$20 | |
| The total Joe would pay is | \$1,520 | |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$2,000 |
|-----------------------------------|---------|
| ■ Specialist copayment | \$70 |
| ■ Hospital (facility) coinsurance | 30% |
| ■ Other coinsurance | 30% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 | |
|---------------------------------|---------|--|
| In this example, Mia would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | \$2,000 | |
| Copayments | \$200 | |
| Coinsurance | \$100 | |
| What isn't covered | | |
| Limits or exclusions | \$0 | |
| The total Mia would pay is | \$2,300 | |

The plan would be responsible for the other costs of these EXAMPLE covered services.

Notice of Nondiscrimination Practices

Effective July 18, 2016

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender. Blue Cross does not exclude people or treat them differently because of race, color, national origin, age, disability, or gender.

Blue Cross provides resources to access information in alternative formats and languages:

- Auxiliary aids and services, such as qualified interpreters and written information available in other formats, are available free of charge to people with disabilities to assist in communicating with us.
- Language services, such as qualified interpreters and information written in other languages, are available free of charge to people whose primary language is not English.

If you need these services, contact us at 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711.

If you believe that Blue Cross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or gender, you can file a grievance with the Nondiscrimination Civil Rights Coordinator

- by email at: <u>Civil.Rights.Coord@bluecrossmn.com</u>
- by mail at: Nondiscrimination Civil Rights Coordinator

Blue Cross and Blue Shield of Minnesota and Blue Plus

M495

PO Box 64560

Eagan, MN 55164-0560

or by telephone at: 1-800-509-5312

Grievance forms are available by contacting us at the contacts listed above, by calling 1-800-382-2000 or by using the telephone number on the back of your member identification card. TTY users call 711. If you need help filing a grievance, assistance is available by contacting us at the numbers listed above.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights

- electronically through the Office for Civil Rights Complaint Portal, available at: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf
- by telephone at: 1-800-368-1019 or 1-800-537-7697 (TDD)
- or by mail at: U.S. Department of Health and Human Services

200 Independence Avenue SW Room 509F, HHH Building Washington, DC 20201

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Access Services:

This information is available in other languages. Free language assistance services are available by calling the toll free number below. For TTY, call 711.

Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al 1-855-903-2583. Para TTY, llame al 711.

Yog tias koj hais lus Hmoob, muaj kev pab txhais lus pub dawb rau koj. Hu rau 1-800-793-6931. Rau TTY, hu rau 711.

Haddii aad ku hadasho Soomaali, adigu waxaad heli kartaa caawimo luqad lacag la'aan ah. Wac 1-866-251-6736. Markay tahay dad maqalku ku adag yahay (TTY), wac 711.

နမ္ါကတိုးကညီကျိုာ်င်း, တါကဟ္ ဉ်နာကျိုာ်တါမာစားကလိတဖဉ်နှာ့်လီး. ကိုး 1-866-251-6744 လၢ TTY အင်္ဂါ, ကိုး 711 တက္၊.

إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. اتصل بالرقم 9123-968-16. للهاتف النصى اتصل بالرقم 711.

Nếu quý vị nói Tiếng Việt, có sẵn các dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Gọi số 1-855-315-4015. Người dùng TTY xin gọi 711.

Afaan Oromoo dubbattu yoo ta'e, tajaajila gargaarsa afaan hiikuu kaffaltii malee. Argachuuf 1-855-315-4016 bilbilaa. TTY dhaaf, 711 bilbilaa.

如果您說中文,我們可以為您提供免費的語言協助服務。請撥打 1-855-315-4017。聽語障專 (TTY),請撥打 711。

Если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Звоните 1-855-315-4028. Для использования телефонного аппарата с текстовым выходом звоните 711.

Si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le +1-855-315-4029. Pour les personnes malentendantes, appelez le 711.

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한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 1-855-904-2583 으로 전화하십시오. TTY 사용자는 711 로 전화하십시오.

ຖ້າເຈົ້າເວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອພາສາໃຫ້ເຈົ້າຟຣີ. ໃຫ້ໂທຫາ 1-866-356-2423 ສໍາລັບ. TTY, ໃຫ້ໂທຫາ 711.

Kung nagsasalita kayo ng Tagalog, mayroon kayong magagamit na libreng tulong na mga serbisyo sa wika. Tumawag sa 1-866-537-7720. Para sa TTY, tumawag sa 711.

Wenn Sie Deutsch sprechen, steht Ihnen fremdsprachliche Unterstützung zur Verfügung. Wählen Sie 1-866-289-7402. Für TTY wählen Sie 711.

ប្រសិនបើអ្នកនិយាយភាសាខ្មែរមន អ្នកអាចរកបានសេវាជំនួយភាសាឥតគិតថ្លៃ។ ទូរស័ព្ទមកលេខ 1-855-906-2583។ សម្រាប់ TTY សូមទូរស័ព្ទមកលេខ 711។

Diné k'ehjí yáníłt'i'go saad bee yát'i' éí t'áájíík'e bee níká'a'doowołgo éí ná'ahoot'i'. Kojį éí béésh bee hodíílnih 1-855-902-2583. TTY biniiyégo éí 711 jį' béésh bee hodíílnih.