

PROVIDER QUICK POINTS

PROVIDER INFORMATION



September 13, 2023

Trauma Informed Care 102 Webinar | Tuesday, September 28, 5-6:30 pm

Blue Cross is hosting a series of training courses on trauma-informed care for healthcare providers led by Dr. Tolulope Monisola Ola, MPH.

Integrating Trauma Informed Care initiatives and interventions into healthcare organizations working with refugee and immigrant populations will bring a return on investment because Trauma Informed Care is an approach that helps providers identify and address adverse experiences in individuals' lives, which improves patients' outcomes, improve job satisfaction, and reduce costs – consistent with the Triple Aim.

In this webinar, our panel of experts will discuss the organizational imperative to explore trauma-informed care approaches to healthcare delivery, highlight the organizational processes and standards needed to provide trauma-informed care, examine the six core components of being trauma-informed, share ways to practice trauma-informed care and ways to measure the effectiveness of this approach.

Title: Session 3 - Trauma Informed Care 102

Date/Time: September 28, 2023, from 5:00 to 6:30 PM Central Standard Time

Registration Link: <https://availity.zoom.us/webinar/register/WN Js9Q2k5uSq20 BeO8t0IDQ>

Dr. Ola is the Founder and Executive Director of Restoration for All Inc; a nonprofit organization with the mission to nurture and empower individuals, organizations, and communities to renew, discover and restore their culture of well-being. She is the CEO of Cultural Health Education & Research, LLC. She is a Mental Health Practitioner, African Storyteller, and an advocate for cultural healing through mind, body, and spirit practices. She is a Co-chair for the Mental Health and Wellness Action Team of Ramsey County Public Health. She is an entrepreneur and a social researcher with several journal articles, book chapters, and two books to her credit and has presented extensively on the role of culture in improving mental health and well-being at local, state, national, and international conferences. She has expertise in public health and rights-based responses to chronic diseases and their psychosocial impacts on immigrants and refugees from Africa. She is a public health expert with experience in empowering and mobilizing communities to bring about social change through health education, sensitization, and advocacy to create an environment that is physically, socially, and culturally inclusive.

These training sessions are focused on helping providers learn to acknowledge and address systemic bias in health care that impacts member care and health outcomes. This training is designed as a practical overview and will cover a basic understanding of what is trauma and adversity, how it is experienced culturally, the connection to poverty, and how to dive past the normal question of "what is wrong with you" to explore other necessary questions, like "what happened to you" and the impact of our words and how to provide trauma-informed care in the real world.

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