

PROVIDER BULLETIN

PROVIDER INFORMATION



September 1, 2023

Updated Minnesota Health Care Programs (MHCP) and Minnesota Senior Health Options (MSHO) Prior Authorization and Medical Policy Requirements

Effective **November 1, 2023**, Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) will be updating its government programs medical policy and pre-authorization/pre-certification/notification lists. The lists clarify medical policy, prior authorization, and notification requirements for MHCP (Families and Children, MinnesotaCare, and Minnesota Senior Care Plus) and MSHO products.

As stewards of healthcare expenditures for our subscribers, we are charged with ensuring they receive appropriate, quality care while also maintaining overall costs. The prior authorization process ensures that the health service or drug being proposed is medically necessary, and reflective of evidence-based medicine and industry standards, prior to treatment. This process helps us manage the cost and quality of care appropriately for our members.

The following policies and/or prior authorization requirements will be archived and **will not be applicable** under the medical benefit plan to subscriber claims on or after **November 1, 2023**.

Policy #	Policy name	Prior authorization required	
		MHCP	MSHO
SP-05	Spine – Lumbar Discectomy, Foraminotomy, and Laminotomy	Yes	Yes
SP-07	Spine – Lumbar Laminectomy	Yes	Yes
SP-09	Spine – Vertebroplasty/Kyphoplasty	Yes	Yes
JO-01	Joint Surgery – Hip Procedures: Hip Arthroplasty Hip Arthroscopy	Yes	Yes
JO-02	Joint Surgery – Knee Procedures: Knee Arthroplasty Knee Arthroscopy and Open Procedures Meniscal Allograft Transplantation of the Knee Treatment of Osteochondral Defects	Yes	Yes
JO-03	Joint Surgery – Shoulder Procedures: Shoulder Arthroplasty Shoulder Arthroscopy and Open Procedures	Yes	Yes
IP-01	Interventional Pain – Epidural Injection Procedures and Diagnostic Selective Nerve Root Blocks	Yes	Yes

P68-23

Distribution: bluecrossmn.com/providers/forms-and-publications

MNBCBS-CDCR-036924-23 September 2023

Amerigroup Partnership Plan, LLC, an independent company, is delegated by Blue Plus to provide certain administrative services to Blue Plus health plans.

IP-02	Interventional Pain – Paravertebral Facet Injection/Medical Branch Nerve Block/Neurolysis	Yes	Yes
IP-03	Interventional Pain – Regional Sympathetic Nerve Block	Yes	Yes
GT-04	Genetic Testing for Single Gene and Multifactorial Conditions: • Genetic Testing for Germline Conditions • Multifactorial (Non-Mendelian Conditions) • Chromosomal Microarray Analysis	No	No
AI-01	Advanced Imaging of the Brain: • PET Imaging of the Brain	Yes	Yes
AI-02	Advanced Imaging of the Chest: • PET Imaging of the Chest	Yes	Yes
AI-03	Advanced Oncologic Imaging: • PET Imaging for Oncologic Indications	Yes	Yes
AI-04	Advanced Imaging of the Extremities: • PET Imaging of the Extremities	Yes	Yes
AI-05	Advanced Imaging of the Heart: • Cardiac CT with Quantitative Evaluation of Coronary Calcification • Cardiac MRI • Myocardial Perfusion Imaging • Cardiac Blood Pool Imaging	Yes	Yes
CG-GENE-15	Genetic Testing for Lynch Syndrome, Familial Adenomatous Polyposis (FAP), Attenuated FAP and MYH-associated Polyposis	Yes	Yes
CG-GENE-18	Genetic testing for TP53 mutations	Yes	Yes

The following prior authorization requirements will be removed and **will not be applicable** to subscriber claims on or after November 1, 2023. However, the policies will remain in effect.

Code	Code description	Policy source
H2012 (UA)	Children’s Therapeutic Services and Supports (CTSS), after the first 150 hourly units	MCG Care Guidelines
H2014 (UA)	Children’s Therapeutic Services and Supports (CTSS), after the first 800 15-minute units	MCG Care Guidelines

Where do I find the current government programs *Precertification/Preauthorization/Notification List*?

- Go to https://provider.publicprograms.bluecrossmn.com/docs/inline/MNMN_CAID_PriorAuthorizationList.pdf?v=202203311948.

or

- Go to bluecrossmn.com/providers > Tools & Resources > Minnesota Health Care Programs site > Prior Authorization > *Prior Authorization List*.

Where do I find the current government programs *Medical Policy Grid*?

- Go to https://provider.publicprograms.bluecrossmn.com/docs/gpp/MNMN_CAID_MedicalPolicyGrid.pdf?v=202203311949.

or

- Go to bluecrossmn.com/providers > Tools & Resources > Minnesota Health Care Programs site > Resources > Manuals and Guidelines > Medical Policies and Clinical UM Guidelines > *Medical Policy Grid*.

Where can I access *Medical Policies*?

- MHCP policies: http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16_157386
- Blue Cross policies: <https://www.bluecrossmn.com/providers/medical-policy-and-utilization-management>
- Amerigroup policies: <https://provider.publicprograms.bluecrossmn.com/minnesota-provider/medical-policies-and-clinical-guidelines>

and

<https://www.anthem.com/pharmacyinformation/clinicalcriteria>

Please note that the **Precertification Look-Up Tool** is not available for prior authorization look up.

Questions?

If you have questions, please contact Blue Cross Provider Services at **1-866-518-8448**.