

# COMMERCIAL REIMBURSEMENT POLICY Telehealth and Virtual Care Services

Active

Section: General Coding

Policy Number: 007

Effective Date: 07/01/24

# Description

This policy addresses the coding and reimbursement of services rendered via telecommunications technology submitted on a professional (837P) or outpatient facility (837I) claim.

This policy does not apply to FEP.

#### Definitions

**Distant Site:** The distant site is the location where the physician or other qualified healthcare professional (QHP) providing the telehealth service is located.

**Electronic Visit (E-Visit):** A patient-initiated service between a provider or other QHP and an established patient using an online portal for communication.

**Originating Site:** The originating site is where the patient receiving the service is located.

**Remote Monitoring Services (Telemonitoring):** The remote monitoring of data, such as physiologic information or therapeutic responses, by a monitoring device or equipment that transmits the data electronically to a health care provider for analysis.

**Store-and-forward technology:** The asynchronous electronic transmission of medical information from an originating site to a distant site.

**Telehealth/Telemedicine Services**: The delivery of health care services or consultations while the patient is at an originating site and the licensed health care provider is at a distant site. Telehealth may be provided by means of real-time two-way interactive audio, and visual communications, including the application of secure video conferencing or store-and-forward technology.

**Telephone Calls:** A patient-initiated service between a provider or other QHP and an established patient conducted over the telephone.

# **Policy Statement**

#### Telehealth

In alignment with state law, Blue Cross and Blue Shield of Minnesota (Blue Cross) is waiving the policy requirement of a visual component associated with telehealth services for commercial members.



- Place of Service (POS): Blue Cross recognizes the following POS for telehealth services:
  - POS Code 02: The location where health services and health related services are provided or received, through telecommunication technology. Patient is not located in their home when receiving health services or health related services through telecommunication technology.
  - POS Code 10: The location where health services and health related services are
    provided or received through telecommunication technology. Patient is located in their
    home (which is a location other than a hospital or other facility where the patient
    receives care in a private residence) when receiving health services or health related
    services through telecommunication technology.
- Modifiers: Blue Cross recognizes the following modifiers for telehealth services:
  - o **FQ modifier:** The service was furnished using audio-only communication technology.
  - FR modifier: The supervising practitioner was present through two-way, audio/video communication technology.
  - o **GQ modifier:** The service was furnished via asynchronous telecommunications system.
  - GT modifier: Services via interactive audio and video telecommunication systems.
  - O G0 modifier: Telehealth services for diagnosis, evaluation, or treatment of symptoms of an acute stroke. According to CMS, the Modifier G0 is valid for all: Telehealth distant sites codes billed with POS code 02, or Critical Access Hospitals, CAH method II, (revenue codes 096X, 097X, or 098X) or telehealth originating site facility fee, billed with HCPCS code Q3014.
  - 93 modifier: Synchronous telemedicine service rendered via telephone or other realtime interactive *audio-only* telecommunications system. Services are between the physician/or other qualified healthcare professionals and a patient who is located at a distant site. The CPT code submitted must meet same criteria and key components as if it was a *face-to-face* interaction.
  - 95 modifier: Synchronous telemedicine service rendered via a real-time interactive audio and video telecommunication system. Services are between the physician/or other qualified healthcare professionals and a patient who is located at a distant site. The CPT code submitted must meet same criteria and key components as if it was a *face-to-face* interaction. Only append modifier 95 to codes listed in CPT Appendix P.

#### **Remote Monitoring Services (Telemonitoring)**

Remote Physiologic Monitoring (RPM) and Remote Therapeutic Monitoring (RTM) Services should not be reported, and will not be reimbursed, if monitoring is less than 16 days.

The initial set-up and patient education on use of the equipment will be reimbursed only once per episode of care.

## **Telephone Calls**

Blue Cross will reimburse patient-initiated telephone encounters between a provider and an established patient. Blue Cross does not reimburse for provider-initiated calls to patients.

If the telephone call results in the patient being seen within 24 hours or the next available urgent visit appointment, the telephone call is not reimbursed separately.

If the telephone call is related to an E/M service performed and reported by the physician within the previous seven days or within the global period of a previously completed procedure, the telephone call is not reimbursed separately.



# **E-Visits**

Online digital E/M services are reimbursed for patient-initiated digital communications. These services require a clinical decision that typically would have been provided in the office (eg, medication dose adjustment, ordering of a test, or prescription of a new medication).

The routine dissemination of test results, processing of medication requests, or scheduling of appointments are not reimbursed separately.

Online digital E/M services include all related work within a 7-day period by the reporting physician or other QHP in the same group practice.

#### **Originating Site Fee**

An originating site fee may be billed on either the professional (837P) or institutional (837I) claim format using Healthcare Common Procedure Coding System (HCPCS) code Q3014: Telehealth originating site facility fee, without any modifier. Only the provider at the originating site will be reimbursed for an originating site fee for hosting the patient.

The distant site provider who is providing healthcare services to the patient via a telecommunications system (e.g., audio/video, telephone, online digital) cannot bill for the originating site fee because they aren't hosting the member. The submission of an originating site fee by the distant site provider will not be reimbursed separately.

When using the institutional (837I) claim format, revenue code 078X should be used with bill types 12X, 13X, 22X, 23X, 71X, 72X, 73X, 76X, and 85X.

#### Documentation Submission

Documentation must identify and describe the procedures performed. If a denial is appealed, this documentation must be submitted with the appeal.

#### Coverage

Eligible services will be subject to the subscriber benefits, applicable fee schedule amount and any coding edits.

#### The following applies to all claim submissions.

All coding and reimbursement is subject to all terms of the Provider Service Agreement and subject to changes, updates, or other requirements of coding rules and guidelines. All codes are subject to federal HIPAA rules, and in the case of medical code sets (HCPCS, CPT, ICD), only codes valid for the date of service may be submitted or accepted. Reimbursement for all Health Services is subject to current Blue Cross Medical Policy criteria, policies found in the Provider Policy and Procedure Manual sections, Reimbursement Policies and all other provisions of the Provider Service Agreement (Agreement).

In the event that any new codes are developed during the course of Provider's Agreement, such new codes will be paid according to the standard or applicable Blue Cross fee schedule until such time as a new agreement is reached and supersedes the Provider's current Agreement.

All payment for codes based on Relative Value Units (RVU) will include a site of service differential and will be calculated using the appropriate facility or non-facility components, based on the site of service identified, as submitted by Provider.



## Coding

The following codes are included below for informational purposes only and are subject to change without notice. Inclusion or exclusion of a code does not constitute or imply subscriber coverage or provider reimbursement.

CPT/HCPCS Modifier: 93 95 FQ FR G0 GQ GT

ICD-10 Diagnosis: N/A ICD-10 Procedure: N/A

CPT/HCPCS: See Appendix

Revenue Codes: N/A

Resources	
Current Procedural Terminology (CPT®)	
Healthcare Common Procedure Coding System (HCPCS)	
U.S. Department of Health and Human Services (HHS) - Telehealth	
Centers for Medicare & Medicaid Services (CMS)	

<b>Policy History</b>	
01/27/2015	Initial Committee Approval
02/04/2020	Annual Policy Review and Code update
01/26/2021	Code Update
11/29/2021	Annual Policy Review
03/22/2022	Revised and Code update
06/28/2022	Code Update
08/23/2022	Code Update
01/01/2023	Code Update
3/28/2023	Code Update
04/25/2023	Annual Policy Review
06/27/2023	Revised
10/01/2023	Revised
04/23/2024	Annual Policy Review

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# Appendix

Telemonitoring										
98975	98976	98977	98978	98980	98981	99453	99454	99457		
S9110										

Telephone Calls										
98966	98967	98968	99441	99442	99443	G2010	G2012	G2250		
S0320										

**E-Visits**98970 98971 98972 99421 99422 99423 G0071 G2251 G2252

# **Originating Site Fee**

Q3014

Telehealth										
	0362T	0373T	0403T	0591T	0592T	0593T				
	77427									
	90785	90791	90792	90832	90833	90834	90836	90837	90838	90839
	90840	90845	90846	90847	90849	90853	90863	90875	90901	90951
	90952	90953	90954	90955	90956	90957	90958	90959	90960	90961
	90962	90963	90964	90965	90966	90967	90968	90969	90970	92002
	92004	92012	92014	92227	92228	92507	92508	92521	92522	92523
	92524	92526	92550	92552	92553	92555	92556	92557	92563	92565
	92567	92568	92570	92587	92588	92601	92602	92603	92604	92607
	92608	92609	92610	92625	92626	92627	93228	93229	93268	93270
	93271	93272	93750	93797	93798	94002	94003	94004	94005	94625
	94626	94664	95970	95971	95972	95983	95984	96040	96105	96110
	96112	96113	96116	96121	96125	96127	96130	96131	96132	96133
	96136	96137	96138	96139	96156	96158	96159	96160	96161	96164
	96165	96167	96168	96170	96171	96202	97110	97112	97116	97129
	97130	97139	97150	97151	97152	97153	97154	97155	97156	97157
	97158	97161	97162	97163	97164	97165	97166	97167	97168	97530
	97533	97535	97537	97542	97550	97552	97750	97755	97760	97761
	97763	97802	97803	97804	98960	98961	98962	98966	98967	98968
	99202	99203	99204	99205	99211	99212	99213	99214	99215	99221
	99222	99223	99231	99232	99233	99234	99235	99236	99238	99239
	99242	99243	99244	99245	99252	99253	99254	99255	99281	99282
	99283	99284	99285	99291	99292	99304	99305	99306	99307	99308
	99309	99310	99315	99316	99341	99342	99344	99345	99347	99348
	99349	99350	99381	99382	99383	99384	99385	99386	99387	99391

99458



99392	99393	99394	99395	99396	99397	99401	99402	99403	99404
99406	99407	99408	99409	99417	99418	99468	99469	99471	99472
99473	99475	99476	99477	99478	99479	99480	99483	99495	99496
99497	99498	99605	99606	99607					
G0108	G0109	G0136	G0270	G0296	G0316	G0317	G0318	G0396	G0397
G0406	G0407	G0408	G0409	G0410	G0420	G0421	G0422	G0423	G0425
G0426	G0427	G0438	G0439	G0442	G0443	G0444	G0445	G0446	G0447
G0459	G0506	G0508	G0509	G0513	G0514	G2011	G2086	G2087	G2088
G2211	G2212	G3002	G3003	G9685					
H0001	H0015	H0031	H0035	H2011	H2012	H2014	H2017	H2019	H2020
H2035	H2036								
S0201	S0265	S9140	S9141	S9152	S9441	S9443	S9445	S9446	S9453
S9480	S9482	S9484							
V5362	V5363								