

# PROVIDER QUICK POINTS

## PROVIDER INFORMATION



June 28, 2023

### Provider Implicit Bias Training

Blue Cross and Blue Shield of Minnesota (Blue Cross) believes that racism is a public health crisis and has developed strategies to mitigate the impacts of racism on health. Central to Blue Cross' racial & health equity strategic work is creating greater understanding of how racism impacts health, challenging bias and disrupting false narratives.

As part of the strategic focus, Blue Cross is offering a free provider Implicit Bias Training via Availity. This training comes to us from the Minnesota Dignity in Pregnancy and Childbirth Project.

Through this training, healthcare professionals will deepen their understanding of the impact of structural racism on the health and healthcare of Black and Indigenous birthing people. They will learn strategies to interrupt institutional racism and racial bias and protect the health and well-being of Black and Indigenous mothers, birthing people, and infants.

The learning modules will also serve as a starting point for many organizations in addressing health equity and structural racism organizationally. A shared knowledge base and language can serve as common ground for future dialogue, advocacy, training, capacity building, and policy changes that will ultimately create the institutional change needed to improve the health and well-being of all patients.

The fully self-directed course is tailored for Minnesota providers. It specifically meets the training requirements outlined in the Dignity in Pregnancy and Childbirth Act (MN § 144.1461), which went into effect in January 2023. It will take approximately two hours to complete. CEU may be available, please check Availity Essentials for details and instructions.

#### Who should take this training?

All providers, especially those who work in the maternal health care space.

#### How to access training

Implicit Bias Training: Minnesota Dignity in Pregnancy and Childbirth Project is available online through the BCBSMN Learning and Development website supported by Availity.

- Providers using Availity Essentials, log in to the Availity Essentials portal. Click Payer Spaces | Blue Cross Blue Shield of Minnesota. Click Resources | Access BCBSMN Learning and Development. Providers will be directed to the Catalog. Search (name of course), then click Enroll.
- Providers not using Availity Essentials, use the link <https://bcbsmn.availitylearningcenter.com> to create your account. To create a new account, select Register Now and follow the prompts. Use your email address as the username. Providers will be directed to the Dashboard. Click "Get Started" on the rotating banner titled Learn with Blue Cross and Blue Shield of Minnesota | then click on Access the Training Catalog | select (name of course), then click Enroll.

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