

PROVIDER BULLETIN

PROVIDER INFORMATION



April 3, 2023

Children's Therapeutic Services and Supports (CTSS) Prior Authorization Requirement

REVISION to P25-20 originally published on May 1, 2020, adding new Children's Therapeutic Services & Supports (CTSS) Skills and Children's CTSS Day Treatment Prior Authorization Request Form to the required documentation list and removing the Behavioral Health Outpatient Treatment Report Form.

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) require prior authorization (PA) when a Minnesota Health Care Programs (MHCP) member has exceeded 200 hours of combined Children's Therapeutic Services and Supports (CTSS) individual, family, or group treatment, or 150 hours of CTSS Day Treatment. Once a member's treatment has exceeded these thresholds, claims will deny unless a PA request is sent prior to submitting the 201st hour or 151st hour claims respectively. This requirement was effective July 1, 2020, and any member that has exceeded those thresholds will need to request authorization.

Required Documentation

The following documentation must be sent by the CTSS provider prior to submitting the 201st hour of CTSS skills treatment or 151st hour of CTSS day treatment, either by fax to **844-452-8069** or via the ICR tool on the Availity Portal (click on "Proceed with UM Review" option if PA is required beyond the listed threshold):

- Clinical documentation to support request, including but not limited to:
 - **NEW: Children's Therapeutic Services & Supports (CTSS) Skills and Children's CTSS Day Treatment Prior Authorization Request Form** (see *Forms* section of <https://provider.publicprograms.bluecrossmn.com/minnesota-provider/home>)
 - Child and Adolescent Service Intensity Instrument (CASII) or Early Childhood Service Intensity Instrument (ECSII)
 - Individual Treatment Plan (ITP), Diagnostic Assessment, and additional progress documentation
 - **The Behavioral Health Outpatient Treatment Report Form** will no longer be used for authorizing CTSS services.
- Failure to submit this authorization request will result in denial of claims for lack of PA for treatment that exceeds the thresholds.
- For appeals information, see *Claim Appeals* section of <https://provider.publicprograms.bluecrossmn.com/minnesota-provider/home>

Medical Necessity Criteria

Requests for PA will be reviewed for medical necessity per the MCG Mental Health Support Services guidelines, in addition to a review for service eligibility per statutory requirements.

CTSS Codes Impacted

- CTSS Skills Training, 200-hour threshold:
 - H2014 UA: Skills Training & Development — Individual
 - H2014 UA HQ: Skills Training & Development — Group
 - H2014 UA HR: Skills Training & Development — Family
- CTSS Day Treatment, 150-hour threshold:
 - H2012 UA HK: Behavioral Health Day Treatment
 - H2012 UA HK U6: Behavioral Health Day Treatment (Interactive)

Products Impacted

This information applies to the following products:

- Families and Children (formerly Prepaid Medical Assistance Program)
- MinnesotaCare

Questions?

Please contact provider services at **1-866-518-8448**.