# PROVIDER BULLETIN PROVIDER INFORMATION



February 1, 2023

## New Medical, Medical Drug and Behavioral Health Policy Management Updates: Effective April 3, 2023

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) will be expanding utilization management requirements, including prior authorization (PA) requirements.

As stewards of healthcare expenditures for our subscribers, we are charged with ensuring they receive the highest quality, evidence-based care. This is accomplished through expanded development of medical policies and through management of these policies to include the PA process. The primary purpose of the PA process is to ensure that evidence-based care is provided to our subscribers, driving quality, safety, and affordability.

### The following prior authorization changes will be effective April 3, 2023:

Policy #	Policy Title/ Service	New Policy	Prior Authorization Requirement	Line(s) of Business
II-269	Spesolimab (Spevigo®)	Yes (Moving from Policy II-173)	Continued	Commercial
II-270	Olipudase alfa-rpcp (Xenpozyme™)	Yes (Moving from Policy II-173)	Continued	Commercial
II-166	Anesthesia Services for Dental Procedures	No	New	Commercial/ Medicare Advantage
NCD 200.3	Monoclonal Antibodies Directed Against Amyloid for the Treatment of Alzheimer's Disease (AD):  • Aducanumab (Aduhelm™)	No (Moving from Policy II-254)	Continued	Medicare Advantage
L33394	Coverage for Drugs & Biologics for Label & Off-Label Uses:  • Tofersen*	No	New	Medicare Advantage

<sup>\*</sup>PA will be required upon FDA approval.

#### **Products Impacted**

• The information in this bulletin applies <u>only</u> to subscribers who have coverage through Commercial and Medicare Advantage lines of business.

#### Submitting a PA Request when Applicable

• Providers may submit PA requests for any treatment in the above table starting March 27, 2023.

P8-23

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- Providers must check applicable Blue Cross policy and attach all required clinical documentation with the
  PA request. PA requests will be reviewed when patient-specific, relevant medical documentation has been
  submitted supporting the medical necessity of the service. Failure to submit required information may result in
  review delays or a denial of the request due to insufficient information to support medical necessity. If a
  provider does not obtain the required PA before rendering services, Blue Cross will deny claims as provider
  liability for lack of prior authorization.
- PA approval will be based on the Blue Cross policy criteria. To review Blue Cross criteria:
  - Go to www.bluecrossmn.com/providers/medical-management
  - Select "See Medical and Behavioral Health Policies" then click "Search Medical and Behavioral Health Policies" to access policy criteria.
- Current and future PA requirements and related clinical coverage criteria can be found using the Is
   Authorization Required tool in the Availity Essentials® portal or at bluecrossmn.com/providers/medicalmanagement prior to submitting a PA request.
- Prior authorization lists are also updated to reflect additional PA requirements on the effective date of the management change and includes applicable codes. To access the PDF prior authorization lists for all lines of business go to bluecrossmn.com/providers/medical-management

#### **Prior Authorization Requests**

• For information on how to submit a prior authorization please go to <u>bluecrossmn.com/providers/medical-management</u>

Note: An approved PA does not guarantee coverage under a subscriber's benefit plan. Subscriber benefit plans vary in coverage and some plans may not provide coverage for certain services discussed in the medical policies.

#### Reminder Regarding Medical Policy Updates & Changes:

Medical Policy changes are communicated in the Upcoming Medical Policy Notifications section of the Blue Cross Medical and Behavioral Health Policy website. The Upcoming Policies section lists new, revised, or inactivated policies approved by the Blue Cross Medical and Behavioral Health Policy Committee and are effective at minimum 45 days from the date they were posted. To access the website:

- Go to <a href="https://www.bluecrossmn.com/providers/medical-management">https://www.bluecrossmn.com/providers/medical-management</a>
- Select "See Medical and Behavioral Health Policies" then click "See Upcoming Medical and Behavioral Health Policy Notifications."

#### Questions?

Please contact provider services at (651) 662-5200 or 1-800-262-0820.