

# PROVIDER BULLETIN

## PROVIDER INFORMATION

January 2, 2023

### Screening, Brief Intervention, and Referral to Treatment (SBIRT) effective January 1, 2023

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross), in collaboration with the Minnesota Department of Human Services (DHS), is implementing a new SUD screening called **Screening, Brief Intervention, and Referral to Treatment (SBIRT)** effective January 1, 2023.

SBIRT is an early intervention approach used to identify members with substance use disorders as well as those who are at risk of developing these disorders. SBIRT is used to reduce and prevent substance use disorder through the use of screening tools, brief interventions, and, if needed, a referral to treatment.

Clinics performing SBIRT assessments are required to utilize valid and reliable tools and resources to provide immediate treatment options, which may include pharmacotherapy options and/or referral to specialized treatment. Recommended tools include:

- ASSIST (Alcohol, Smoking, and Substance Involvement Screening Test)
- AUDIT (Alcohol Use Disorders Identification Test)
- AUDIT-C
- CAGE (Cut Down, Annoyed, Guilty, Eye-opener)
- CRAFFT (Car, Relax, Alone, Forget, Family or Friends, Trouble)
- DAST (Drug Abuse Screening Test)
- DAST-A
- MAST (Michigan Alcohol Screening Test)
- NIDA Drug Use Screening Tool
- POSIT (Problem-Oriented Screening Instrument for Teenagers)
- TWEAK (Tolerance, Worried, Eye-openers, Amnesia, Cut Down (K))

The SBIRT Screening/Assessment codes are as follows:

Procedure Code	Brief Description	Unit
<b>G2011</b>	Alcohol and/or substance abuse screening and brief intervention	5-14 mins
<b>G0396</b>	Alcohol and/or substance abuse screening and brief intervention	15-30 mins
<b>G0397</b>	Alcohol and/or substance abuse screening and brief intervention	Greater than 30 mins

Upon completion of the SBIRT assessment, eligible members may receive six hours of SUD services without a comprehensive assessment, depending on the results of the screening.

The six hours of SUD services include:

- 4 hours of individual or group treatment; and
- 2 hours of treatment coordination or peer support

The six hours of SUD services must be completed within 90 days of the SBIRT or the services will deny as not covered. Providers may repeat the SBIRT once the member has exhausted their SUD services benefit. Each time that a provider completes the SBIRT, the benefit renews for an additional six hours for eligible members as described above.

### SUD Billing Codes

Service	Procedure Code/Modifiers	Required SBIRT Modifier
Individual Treatment	H2035	U1
Group Treatment	H2035 HQ	U1
Treatment Coordination	T1016 U8 HN	U1
Peer Support	H0038 U8	U1

### Products Impacted

- Blue Advantage Prepaid Medical Assistance Program (PMAP)
- Minnesota Senior Care Plus (MSC+)
- MinnesotaCare
- SecureBlue (MSHO)

### Questions?

Please contact provider services at **1-866-518-8448**.