July 27, 2022

Free Continuing Education for Mental Health Providers through 12/31/22

The Behavioral Health department at Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) is committed to increasing equitable access to continuing education (CE) for providers working across the mental health care continuum. To support this mission, Blue Cross is partnering with Psych Hub, the world's largest mental health education platform, **to offer free CE credits to our providers through 12/31/22.**

Through Psych Hub's Mental Health Practitioner Hub, providers can earn up to 70 CE credits by taking online courses created by subject matter experts at Columbia Psychiatry, Harvard University, UCLA Health, the University of Pennsylvania, and more. Psych Hub's focused modules are designed for you to learn at your own pace, and the interactive courses allow you to go back at any time. You'll learn from subject matter experts and guest speakers with lived experience, complete scenario-based learning exercises, role-play with therapists, and more.

In addition, the hub features videos & resources that can be shared with patients to reinforce skills between sessions.

Highlighted Courses

- Culturally Responsive Behavioral HealthCare, Intermediate | 2.00-4.00 CE Credits
- Collaborative Care Model, Advanced | 2.75-3.75 CE Credits
- DBT-Informed Therapy: Adolescents, Intermediate | 2.25 CE Credits
- Mental Health Competency 3 (Substance Use) | Introductory, 1.00 CE Credit

To Get Started
Go to **BCBSMN Sign Up | Psych Hub** or use this QR code to reach the Blue Cross Psych Hub landing page. You'll be asked to provide your name/email address and create a password. From there, you can browse courses and complete them at your convenience. Opening any course and clicking the **CE Information** button will clearly identify which boards have approved the content for continuing education credit.

Help with the site is available at **Support@Psychhub.com**