

PROVIDER QUICK POINTS

PROVIDER INFORMATION



May 25, 2022

First Responder Mental Health Summit: Clinician Awareness Course **Friday, June 24 | 8:00 a.m. to 4:00 p.m.**

Blue Cross and Blue Shield of Minnesota (Blue Cross) is proud to sponsor a special mental health summit focusing on the treatment of trauma in the first responder community, including Fire, Police, EMT, and 911 Dispatch. Registration is free to all mental health practitioners. The summit will be led by Dr. Margaret Gavian, licensed psychologist and founder of Blue Peak Consulting. Dr. Gavian has over 20 years of experience working with first responders.

Blue Cross is working with Blue Peak Consulting to create a first responder resilience program that addresses mental health at its source and enables better community support. The organizations also plan to develop a database of trauma-specialized practitioners uniquely qualified to work with the first responder community. More information is available at bluecrossmn.com

During this course, participants will:

- Identify therapeutic modalities & approaches used to treat trauma in first responders
- Engage in discussions with first responders & clinicians working with them
- Learn about the unique stressors & barriers this population faces in seeking treatment
- Special considerations have been made throughout this project to include BIPOC first responders and BIPOC community members

This mental health summit has been approved for 6.5 Continuing Education Units by the Minnesota Board of Behavioral Health & Therapy (LPC/LPCC, LADC) and the Minnesota Board of Psychology. The summit is pending board approval for Marriage & Family Therapy and Social Work.

Registration

<https://www.signupgenius.com/go/10c0f44afaa28a3fcc07-bcbs>

Event Location

Blue Cross and Blue Shield of Minnesota
Riverpark 1 Building
3400 Yankee Drive
Eagan MN 55121

Please note: All visitors to the Blue Cross campus will be required to attest that they have been vaccinated against COVID-19.

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