

PROVIDER QUICK POINTS

PROVIDER INFORMATION



December 8, 2021

Blue Cross and Blue Shield of Minnesota Collaboration with VillageHealth

As previously communicated in Provider Quick Point QP18-21, Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) began a collaboration with VillageHealth DM, LLC starting on March 1, 2021. This program helps deliver integrated kidney care (IKC) to chronic kidney disease (CKD) and end stage kidney disease (ESKD) subscribers.

The program is designed to support providers in identifying gaps in care, help improve clinical outcomes, educating patients to help inform modality choice, and enable timely and clinically appropriate referrals while helping to reduce unnecessary medical costs. The IKC program helps eligible Blue Cross subscribers better manage their kidney disease, empowering them to maintain their health and lifestyle. Program engagement by a subscriber is optional.

Lines of business included in this program: commercial fully insured, individual, Medicare Advantage, and most commercial self-insured groups.

New Information

Attached is a flyer that can be used by a subscriber's primary care provider to help them through the process of kidney care.

Providers may contact the nurse guide team at **1-866-489-6947** to refer a patient to this program.

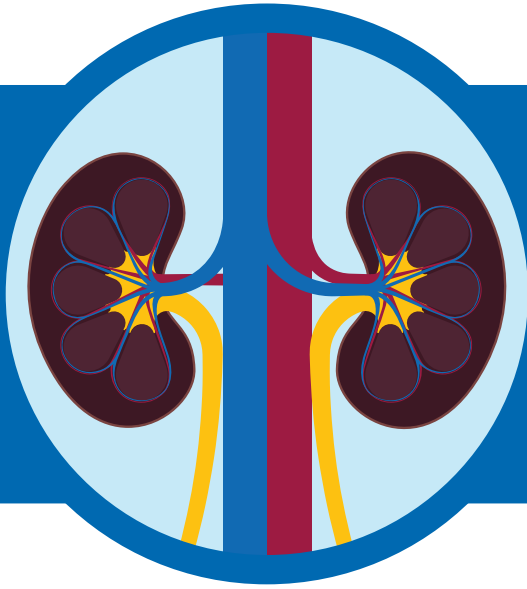
VillageHealth is part of DaVita, Inc., an independent company. VillageHealth offers supportive care services for kidney disease.

QP99-21

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L264R03 (12/13)



Kidney Disease

Timely referrals saves lives

1 in 7 American adults are estimated to have Kidney Disease, only **10%** of them are aware of it.¹

GFR	ALBUMINURIA		
	< 30 mg/g	30 - 299 mg/g	≥ 300 mg/g
GFR ≥ 90	Monitor annual labs with ACR		
GFR 60 - 89			
GFR 45 - 59	Treat patient address cardiovascular risk, diabetes, hypertension		
GFR 30 - 44			
GFR 15 - 29	Refer to Nephrologist Timely referral saves lives		
GFR < 15			

CLINICAL PEARLS:

- Patients with an eGFR only are at risk for delayed diagnosis and treatment.
- Ordering an annual ACR test significantly increases accurate diagnosis and tracking of Kidney Disease.²
- Suggested guidelines to the left on when to refer to a nephrologist for timely intervention.

1. Kidney Disease: The Basics. (2021, May 20). National Kidney Foundation. <https://www.kidney.org/news/newsroom/fsindex>
 2. Detection of Chronic Kidney Disease With Creatinine, Cystatin C, and Urine Albumin-to-Creatinine Ratio and Association With Progression to End-Stage Renal Disease and Mortality. Peralta, Shlipak. Judd. JAMA 2011.

Have patients take control of their kidney health by attending a no-cost Kidney Smart class. Find a class at KidneySmart.org/NearMe.

Visit www.villagehealth.com today!

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