

PROVIDER BULLETIN

PROVIDER INFORMATION



July 2, 2018

New Fully Insured Commercial Medication Therapy Management Program

The purpose of this Bulletin is to inform providers that effective August 15, 2018, a Medication Therapy Management (MTM) benefit will be included for fully insured commercial subscribers who are taking four or more medications for 2 or more chronic conditions. The MTM service is an interactive person-to-person, telephonic or telehealth medication review and consultation conducted in real-time between the patient and /or other authorized representative, such as prescriber or caregiver, and a pharmacist. Participating subscribers will receive a consultation with a pharmacist in which the pharmacist will employ a systematic process of collecting patient-specific information, assessing medication therapies to identify medication related problems, developing a prioritized list of medication related problems, and creating a plan to resolve them with the patient, caregiver to the patient, and/or the patient's prescriber. Subscribers must opt in to the MTM service.

A MTM service includes the following components:

- Performing assessments of the subscriber's health status;
- Formulating a medication review plan;
- Evaluating the subscriber's response to therapy for appropriateness, effectiveness, safety and adherence;
- Identifying, resolving, and preventing medication-related problems;
- Documenting the care delivered and communicating essential information to the Subscriber's other primary care providers to support coordination of care;
- Providing education designed to enhance the subscriber's understanding and appropriate use of medications;
- Providing information, support services and resources designed to enhance the subscriber's adherence to therapeutic regimens.

Subscribers may receive up to 3 visits in a calendar year.

Questions?

If you have questions, please contact provider services at **(651) 662-5200** or **1-800-262-0820**