

# PROVIDER QUICK POINTS

## PROVIDER INFORMATION



December 12, 2017

### New Drug-Related Pharmacy Step Therapy (ST) Program – Oral NSAID (Nonsteroidal Anti-Inflammatory Drugs) for Commercial Products

Effective January 1, 2018, Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) will require ST for commercial lines of business for selected oral NSAID products.

The intent of the Oral NSAIDs Step ST program is to encourage the use of cost-effective prescription strength generic oral NSAIDs before brand oral NSAID products. The Oral NSAIDs ST program will require the use of at least two prescription strength generic oral NSAID products before approval of a brand product. Subscribers who do not meet the ST program requirements will pay full price for continued use of their current brand oral NSAID product.

Affected subscribers who recently received a brand oral NSAID product that will be subject to ST will be notified and directed to contact their providers to discuss the covered formulary treatment choices and whether making a change is right for them.

Oral NSAID - Step Therapy Targeted Drugs (Brands Only)	
<b>Anaprox</b> (naproxen)	<b>Meclofenamate<sup>a</sup></b>
<b>Anaprox DS</b> (naproxen)	<b>Mobic</b> (meloxicam)
<b>Arthrotec</b> (diclofenac/misoprostol)	<b>Nalfon</b> (fenoprofen) <sup>a</sup>
<b>Cambia</b> (diclofenac packets)	<b>Naprelan</b> (naproxen)
<b>Cataflam</b> (diclofenac potassium)	<b>Naprelan CR</b> (naproxen)
<b>Celebrex</b> (celecoxib)	<b>Naprosyn</b> (naproxen)
<b>Clinoril</b> (sulindac)	<b>Ponstel</b> (mefenamic acid)
<b>Daypro</b> (oxaprozin)	<b>Tivorbex</b> (indomethacin)
<b>EC-Naprosyn</b> (naproxen)	<b>Tolmetin<sup>a</sup></b>
<b>Feldene</b> (piroxicam)	<b>Vivlodex</b> (meloxicam)
<b>Fenoprofen<sup>a</sup></b>	<b>Voltaren XR</b> (diclofenac sodium)
<b>Fenortho</b> (fenoprofen)	<b>Zipsor</b> (diclofenac potassium)
<b>Indocin</b> (indomethacin)	<b>Zorvolex</b> (diclofenac)
<b>Ketoprofen<sup>a</sup></b>	

a – available as authorized generic or single source generic, and targeted in step therapy program

The new Pharmacy ST program will be posted by January 1, 2018, and can be accessed using the Blue Cross provider link.

- Access **providers.bluecrossmn.com**
- Under Tools and Resources, select Medical policy, then acknowledge the Acceptance statement
- Select Utilization Management
- Select Pharmacy Utilization Management Programs

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Distribution: Available on providers.bluecrossmn.com. <https://www.bluecrossmn.com/healthy/public/personal/home/providers/forms-and-publications>

**CoverMyMeds for step therapy request service**

As a reminder, CoverMyMeds (CMM) is a free service to providers which allows quick and easy submission of ST requests. Experience with CMM by other plans has demonstrated marked reductions in physician office call-backs regarding ST requests, after CMM is implemented. ST requests may also continue to be faxed to their review destination external to the CMM portal, as is the current practice.

You may access CMM at [www.covermymeds.com](http://www.covermymeds.com). Select Help (top right of the web page) to view FAQs and Support tutorials (3-5 minutes), including live online chat support to help you get started. You will need to open a CMM account to submit requests using the portal.

**Questions?**

If you have questions, please contact provider services at **(651) 662-5200** or **1-800-262-0820**.