

PROVIDER BULLETIN

PROVIDER INFORMATION



October 10, 2017

Clarification to Commercial Prior Authorization Requirements for Early Intensive Behavioral Intervention (EIBI)

Effective November 27, 2017, the following clarifications will be made for commercial lines of business to update Prior Authorization (PA) requirements for Early Intensive Behavioral Intervention (EIBI). EIBI is an intensive, multidisciplinary approach used to treat the symptoms of Autism Spectrum Disorders (ASD) and may encompass treatments including, but not limited to, Intensive Early Interventional Behavioral Therapy (IEIBT), Early Intensive Behavior Intervention (EIBI), Applied Behavioral Analysis (ABA), and the Lovaas Method.

The Commercial PA list will be updated as follows for EIBI services:

- The number of hours changed from “9 hours/week or greater” to “greater than 9 hours/week”
- All participating providers are required to submit a PA for EIBI services
- The listed review criteria for EIBI services includes both InterQual criteria, as well as Blue Cross and Blue Shield of Minnesota (Blue Cross) Medical Policy X-43, Autism Spectrum Disorder Assessment

PA requests will be reviewed when patient-specific, relevant medical documentation has been provided supporting the medical necessity. Failure to submit required information may result in review delays (if outreach is needed to obtain missing clinical information) or a denial of the request due to insufficient information.

Services that require Pre-Certification/Pre-Authorization/Notification

Only services on the PA lists require pre-certification/pre-authorization/notification. Do not request authorization for services not on the PA lists. Follow the steps below to review the list of services that require a PA:

1. Access the ‘Provider Section’ of the Blue Cross website at providers.bluecrossmn.com
2. Under ‘Tools and Resources’ select ‘Medical policy’ and then acknowledge the Acceptance Statement.
3. Click on the ‘+’ next to ‘Utilization Management’ and under the ‘Precertification Lists’ select the ‘Commercial Pre-Certification/Pre-Authorization/Notification List’

Questions?

If you have questions, please contact provider services at (651) 662-5200 or 1-800-262-0820.