## PROVIDER QUICK POINTS PROVIDER INFORMATION



January 14, 2016

## Free Webinar February 3, 2016: Behavioral Health Care for Refugees – Barriers, Best Practices & Cultural Humility

Blue Cross and Blue Shield of Minnesota invites providers to participate in a free webinar focused on behavioral health care for refugees.

New arrivers to this country present an array of challenges, which may include trauma, unique cultural values, and varying cultural views of western medicine and behavioral health. Understanding the refugee community's perceptions of behavioral health issues can help improve interactions with this community and ultimately lead to improved health outcomes. In this free webinar, Dr. Georgi Kroupin will address barriers, best practices and the importance of cultural humility in working with the refugee community. Dr. Kroupin is a psychologist and marriage and family therapist with over 22 years of experience working with immigrants and refugees.

• When: Wednesday, February 3,2016, from 12:00 – 1:00 pm

• Presenter: Georgi Kroupin, PhD, LMFT, MA, LP, HealthPartners Center for International Health

• To Register: Click here

• Continuing Education: CEU certificate of attendance available

This webinar is presented by a collaboration of Minnesota health plans working together to improve depression management in Minnesota. Blue Cross and Blue Shield of Minnesota, HealthPartners, Hennepin Health, Medica, Metropolitan Health Plan and UCare thank you for the quality care you provide to your patients and our members.

Find additional information about this webinar on the <u>Stratis Health website</u>. While there, you can also download a copy of a **Provider Toolkit** with resources for providers working with culturally diverse patients experiencing depression.

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Distribution: Available on providers.bluecrossmn.com