

Quick Points



September 23, 2010

Preventive services required under the PPACA

Effective for dates of service September 23, 2010 and after, the Patient Protection and Affordable Care Act (PPACA) otherwise known as health care reform (HCR), includes a provision for preventive services at no cost to eligible members. Blue Cross and Blue Shield of Minnesota has always considered preventive services an essential part of a member's ongoing care and will continue to administer preventive services in conjunction to, and in accordance with the administrative and recommended guidelines under HCR:

- United States Preventive Services Task Force (USPSTF) ratings of A or B
- Advisory Committee of Immunization Practices (ACIP), under the Centers for Disease Control and Prevention (CDC)
- Health Resources and Services Administration (HRSA) Guidelines for Preventive Care and Screenings for Women, Infants, Children and Adolescents

Blue Cross' Preventive Care Services and Administrative Guidelines already incorporated a majority of these recommendations. As a result of PPACA, additional guidelines have been included under Blue Cross' preventive care services to ensure compliance with the law. Please see the chart below for more information on the additional services, recommendations and suggested coding.

New Preventive Service	Health Care Reform Recommendation	Suggested Codes
Counseling related to BRCA screening	The USPSTF recommends that women whose family history is associated with an increased risk for deleterious mutations in BRCA1 or BRCA2 genes be referred for genetic counseling and evaluation for BRCA testing.	96040, 99401-99404, and S0265 as preventive with V16.3, V16.41, V16.8 or V26.33
Interventions to support breast feeding	The USPSTF recommends interventions during pregnancy and after birth to promote and support breastfeeding.	S9443 as preventive with V24.1
Chemoprevention of dental caries	The USPSTF recommends that primary care clinicians administer oral fluoride supplementation at currently recommended doses to preschool children older than 6 months of age whose primary water source is deficient in fluoride.	D1206 (age 00-06)
Screening for depression: adolescents and adults	The USPSTF recommends screening adolescents and adults for depression when staff-assisted depression care supports are in place to assure accurate diagnosis, effective treatment, and follow-up.	99201-99205, 99211-99215, 99384-99387 and 99394-99397 as preventive with V79.0
Recommendation for counseling for a healthy diet	The USPSTF recommends intensive behavioral dietary counseling for adult patients with hyperlipidemia and other known risk factors for cardiovascular and diet-	99401-99404, 99411-99412, 99078, 97802-97804, S9452, S9470 as preventive with V65.3

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	related chronic disease. Intensive counseling can be delivered by primary care clinicians or by referral to other specialists, such as nutritionists or dietitians.	
Screening and counseling for obesity: children and adults	The USPSTF recommends that clinicians screen all children and adult patients for obesity and offer intensive counseling and behavioral interventions to promote sustained weight loss for obese adults.	97802-97804, 99078, 99401-99404, 99411-99412, or S9470 as preventive with 278.00 or 278.01
Recommendation for counseling for tobacco use	The USPSTF recommends that clinicians ask all adults about tobacco use and provide tobacco cessation interventions for those who use tobacco products.	99401-99404, 99406-99407, 99411-99412, S9453 as preventive with 305.1 or V15.82
Recommendation for counseling for tobacco use in pregnant women	The USPSTF recommends that clinicians ask all pregnant women about tobacco use and provide augmented, pregnancy-tailored counseling for those who smoke.	99406-99407, S9453 as preventive with 649.00 or 649.03
Assess for alcohol and drug use in adolescents	HRSA recommends alcohol and drug use assessments for adolescents	99408-99409 as preventive with V65.42 (age 11-20)
Behavioral assessments for children	HRSA recommends behavioral assessments for children of all ages	99420 as preventive with V79.0, V79.1, V79.2, V79.3, V79.8, V79.9 (age 00-20)
Testing for tuberculosis in children	HRSA recommends tuberculin testing for children at higher risk of tuberculosis	86580 as preventive with V74.1 (age 00-20)

Questions

If you have questions, please contact provider services at (651) 662-5200 or toll free at 1-800-262-0820.