# PROVIDER QUICK POINTS

Provider information



October 25, 2012

# Home care authorization changes for MSHO and MSC+ members

Effective, December 1, 2012, Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) will allow care coordinators to authorize some medical assistance billable home care services for all Minnesota Senior Health Options (MSHO) and Minnesota Senior Care Plus (MSC+) members as outlined below.

Blue Plus will continue to require a prior authorization request to be completed for medical assistance billable home care services that exceed established thresholds listed below.

Providers will request authorization from the care coordinator directly for all services requested regardless of whether or not it requires a medical necessity review.

The following is a summary of the home care services the care coordinators can authorize and services that continue to require a prior authorization.

#### Care coordinators may authorize the following medical assistance billable home care services:

- Up to 52 medical assistance skilled nurse visits per year (not to exceed two visits per week)
- Up to 156 medical assistance home health aide visits per year (not to exceed three visits per week)
  - if the member does not live in Adult Foster Care or Customized Living
  - if the member is not receiving Personal Care Assistant (PCA) services
- Up to 20 visits per discipline per year of medical assistance non-maintenance home therapy: physical, occupational, speech, or respiratory therapy

Follow the guidelines outlined in the Home Care chapter of the DHS Community Based Services Manual, previously known as the Disability Services Program Manual (DSPM). Authorization should coincide with the member's current waiver span or assessment year if not on an HCBS waiver.

## Blue Plus prior authorization continues to be required for the following services:

- Skilled nurse visits exceeding 52 per year or two per week
- Home health aide visits exceeding 156 per year or three per week
- Home therapy (physical, occupational, speech, or respiratory therapy) exceeding 20 visits per discipline per year
- Home health aide visits for members in Customized Living or Adult Foster Care
- Home health aide in conjunction with PCA Services
- Private-duty nursing
- Acute changes in condition requiring more visits than currently authorized if they are beyond the limits or scope of what the care coordinator can authorize

Blue Cross supports and encourages ongoing communication between care coordinators, home care providers, and Blue Plus as an essential part of this process. *Please note that the current process in place for PCA and Elderly Waiver extended home care authorizations remains the same.* 

## Questions?

If you have questions, please contact provider services at (651) 662-5200 or toll free at 1-800-262-0820.

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