

BULLETIN

Blue Cross and Blue Shield of Minnesota
and Blue Plus

December 22, 2008

2009 Federal Employee Program change for mental health

Currently, Federal Employee Program (FEP) members enrolled with Standard Option (Enrollment codes of 104 and 105) require a prior authorization before the ninth visit for services relating to mental health or substance abuse.

2009 change

Effective January 1, 2009, providers will have to submit a prior authorization for all outpatient mental health and substance abuse services before the first visit. To request a prior authorization, complete the Minnesota universal outpatient mental/chemical health authorization form that is available on **bluecrossmn.com**. Select “for health care providers” then “forms and publications” and in the drop down box, select “forms: prior authorization.”

Questions?

If you have questions regarding FEP members, please contact us Monday through Thursday from 8 a.m. until 5 p.m. and Friday from 9 a.m. until 5 p.m. at **(651) 662-5044** or toll free at **1-800-859-2128**.

Please route this bulletin to other interested staff.