



Changes related to dialectical behavior therapy for some MHCP members

Minnesota Health Care Programs (MHCP) adds Dialectical Behavior Therapy (DBT) to covered mental health outpatient benefits for some MHCP members. The Minnesota Department of Human Services (DHS) received federal approval on October 1, 2010, to add DBT face-to-face services as an outpatient mental health benefit. This benefit addition is effective immediately.

Subscriber must meet all of the following eligibility requirements:

- Subscriber must be age eighteen (18) or older
- Subscriber must be diagnosed with severe symptoms and significant dysfunction consistent with the current Diagnostic and Statistical Manual of Mental Disorders (DSM) criteria for a Borderline Personality Disorder
- Subscriber’s mental health needs cannot be met with available community-based services or must be provided concurrently with other community-based services
- Subscriber understands and is cognitively capable of participating in programming
- Subscriber is willing and able to follow program policies and rules assuring safety of self and others
- Subscriber is at significant risk of one or more of the following; a mental health crisis, entering a more restrictive setting, decompensating functioning or mental health symptoms, engaging in intentional self-harm

This information applies to the following programs and all subgroups for the group numbers listed:

BlueAdvantage PMAP (age 18 and older)	PP011, PP012, PP014, PP015, PP016, PP017, PP021, PP022, PP024, PP025, PP026, PP027, PP031, PP032, PP034, PP035, PP036, PP037, PP411, PP412, PP414
MinnesotaCare (age 18 and older)	PP111, PP112, PP121, PP122, PP131, PP132, PP141, PP142, PP151, PP152, PP161, PP162, PP163, PP164
BlueAdvantage MSC+	PP041, PP042, PP044, PP051, PP052, PP054, PP055, PP056, PP057, PP061, PP062, PP064, PP071, PP072, PP074, PP075, PP076, PP077
SecureBlue SM (HMO SNP)	PP200, PP201, PP202, PP215, PP220, PP221, PP222, PP240, PP245, PP260, PP261, PP262, PP280, PP281, PP282

Provider eligibility requirements:

- Provider shall be certified by DHS to provide DBT services
- Provider shall meet all Blue Cross and Blue Shield of Minnesota (Blue Cross) credentialing requirements
- Provider shall be a participating provider with Blue Cross

Claims submission requirements:

- Submit claims on the electronic 837P (professional) format
- Both a type 1 NPI (rendering provider) and type 2 NPI (billing provider) are required on the claim
- Submit individual services using HCPCS code H2019 with the U1 modifier (services must be face-to-face)
- Submit group services using HCPCS code H2019 with the U1 and the HQ modifiers (services must be face-to-face)

Payment information

Payment for eligible health services provided to MHCP subscribers shall be subject to the terms and provisions described in the Provider Service Agreement as renewed annually.

Questions?

If you have questions, please contact provider services at **(651) 662-5200** or **1-800-262-0820**.