

PROVIDER BULLETIN

Provider information



June 20, 2012

Women's preventive services

Effective for plan years (or individual policy years) beginning on or after August 1, 2012, regulations adopted under the Patient Protection and Affordable Care Act require preventive services at no cost to eligible women when received from an in-network provider.

The women's preventive recommendations are from the following administrative and recommended guidelines:

- United States Preventive Services Task Force (USPSTF)
- Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control (CDC)
- Health Resources and Services Administration (HRSA)

To the extent not described in the USPSTF recommendations, HRSA was charged with developing comprehensive guidelines for women's preventive care and screenings.

The women's preventive benefits apply only to non-grandfathered status plans (upon plan year beginning August 1, 2012). Plans that have previously accepted Blue Cross and Blue Shield of Minnesota preventive benefit packages will also offer the women's preventive services. The women's preventive mandate is applicable only to commercial products. Medicare and Medicaid products are out-of-scope for this requirement.

Members are encouraged to call the customer service phone number on the back of their member ID card to verify coverage of these benefits and the start date of the benefits.

New women's preventive service	Blue Cross coverage	Blue Cross frequency	Suggested coding
Well-woman visit	Well-woman preventive care visit annually for adult women (ages 12 to 64) to obtain the recommended preventive services that are age and developmentally appropriate, which may include preconception and prenatal care as well as the list of services in Table 5 – 6 “Clinical Preventive Services for Women: Closing the Gaps” July 2011 report by the Institute of Medicine – http://iom.edu/Reports/2011/Clinical-Preventive-Services-for-Women-Closing-the-Gaps.aspx	Annual	99384-99386, 99394-99396 as preventive with V70.0 or V72.31
Screening for gestational diabetes mellitus (GDM)	Based upon ICSI (Institute for Clinical Systems Improvement) GDM guideline below: <ul style="list-style-type: none">• 50 mg oral glucose load followed one hour later by the blood draw• If the one-hour (above) glucose challenge test is positive, a 100 g load followed by a 3-hour glucose tolerance test should be performed Confirmation tests in the 2 nd bullet (above) will be treated as preventive (\$0 member liability)	Gestational diabetes screening for pregnant women at any stage (week of gestation) in the pregnancy – regardless of presence of high-risk factors such as: ethnicity, BMI, family history, previous GDM, patient has DM	82947, 82950, 82951, 83036 as preventive with any of the following range: V22.0-V22.2, V23.0-V23.3, V23.41, V23.42, V23.49, V23.5, V23.7, V23.81-V23.87, V23.89 or V23.9

Distribution: All participating providers with specialty 01, 02, 08, 11, 16, 26, 54, 70, 72, AE, A1, CB, CK, CL, CM, CX, KE, MB and SC
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New women's preventive service	Blue Cross coverage	Blue Cross frequency	Suggested coding
Counseling for sexually transmitted infections (STI)	<p>Counseling on STIs, group or individual sessions, once per year, 30-minute maximum per session for women regardless of sexual activity</p> <p>Counseling may be similar to the 5Ps of the CDC: partners, prevention of pregnancy, protection from STIs, practices and past STIs</p>	Annual	99401, 99402, 99411, G0450 as preventive with V65.45 or V69.2
Counseling and screening for human immunodeficiency virus (HIV)	<p>Counseling on HIV, group or individual sessions, once per year, 30-minute maximum per session for women regardless of sexual activity</p> <p>Counseling up to individual practitioner but may be similar to the counseling for STI</p> <p>Screening for HIV (already paid as preventive by Blue Cross prior to PPACA): lab tests to screen for HIV-1 or HIV-2 antibodies</p>	<p>Counseling: annual</p> <p>Screening for STI: as recommended by a physician</p>	<p>Counseling: G0445, G0450, 99401, 99402, 99411 as preventive with V65.44, V65.45 or V69.2</p> <p>Screening: 86701, 86703, 86689, G0432, G0433, G0435, 87390, 87534, 87535, as preventive</p>
Counseling and screening for interpersonal and domestic violence	<p>Screening up to each individual practitioner: may be survey or checklist, usually part of standard intake/triage for office visit</p> <p>Counseling – definition of counseling up to each individual practitioner, group or individual sessions, no time limit per session, but only one session per year covered as preventive (even if multiple sessions needed)</p>	Annual	<p>Screening: No suggested coding. No coding available for screening.</p> <p>Counseling: 99401-99404, or 99411 or 99412 as preventive with V70.0 or V72.31</p>
Breastfeeding support, supplies and counseling	<p>Support: Per Institute of Medicine (IOM) report: “Clinical Preventive Services for Women: Closing the Gaps” employer support of breastfeeding such as allowing time for mother to express milk at the office and providing quiet and private place to express and/or store milk (mother’s room)</p> <p>Supplies: Purchase, up to 100% of allowed charges, of manual breast pump from in-network supplier or provider</p> <p>Counseling: Trained provider to ensure the successful initiation and duration of breastfeeding. May be provided as part of the hospital or birthing center delivery stay.</p>	<p>Counseling: in conjunction with each pregnancy</p> <p>Manual breast pump: purchase up to 6 months post-partum</p>	<p>Support: No suggested coding. No coding available for support.</p> <p>Supplies: E0602</p> <p>Counseling: S9443 as preventive with the following V24.1, V22.0-V22.2, V23.0-V23.3, V23.41, V23.42, V23.49, V23.5, V23.7, V23.81-V23.87, V23.89 or V23.9</p>
Human papillomavirus (HPV) testing	Human papillomavirus DNA testing in women with normal cytology results, regardless of risk factors or sexual activity	Screening should begin at 30 years of age and should occur no more frequently than every three years	87620, 87621 as preventive
Contraceptive methods and counseling *	Counseling: Counseling for women ages 12 to 64 by trained personnel regarding family planning; distribution of information relating to family planning, referral to licensed physicians or local health agencies for consultation, examination, medical treatment, genetic counseling, and prescriptions for the purpose of family planning, and the distribution of family planning products, such as:	Counseling: once/year	Counseling: 99384-99386, 99394-99396, S0610, S0612 or S0613 as preventive with V25.01-V25.04, V25.09, V25.41, V25.43 or V25.49

New women's preventive service	Blue Cross coverage	Blue Cross frequency	Suggested coding
	<p>charts, thermometers, drugs, medical preparations, and contraceptive devices. Does not include the performance, or referrals for encouragement of voluntary termination of pregnancy.</p> <p>Inform any woman requesting counseling on family planning methods or procedures of:</p> <ol style="list-style-type: none"> 1) Any methods or procedures which may be followed (which may include continuous abstinence, natural family planning/rhythm method), including identification of any which are experimental or which may pose a health hazard to the woman, 2) A description of any attendant discomforts or risks that might reasonably be expected, 3) A fair explanation of likely results, should a method fail, 4) A description of any benefits that might reasonably be expected of any method, 5) A disclosure of appropriate alternative methods or procedures, 6) An offer to answer any inquiries concerning methods or procedures, and 7) An instruction that the person is free either to decline commencement of any method or procedure or to withdraw consent to a method or procedure at any reasonable time <p>Methods: For women ages 12 to 64; limited to specific oral contraceptives, supplies and procedures. Coverage may vary by group and pharmacy benefit manager (PBM) and is subject to change if covered formulary changes. Members should contact customer service at the number on the back of their member ID card for the specific methods covered by their group or policy.</p>	<p>Methods: Select oral contraceptives, supplies and procedures will be covered</p>	<p>Methods: Varies depending upon covered drug, supply or procedure</p>

*Some employer group plans may be exempt or in temporary safe harbor status for contraceptive methods and counseling and will not have to offer women's preventive "contraceptive methods and counseling" until their plan year beginning on or after August 1, 2013.

Temporary safe harbor does not apply to individual policies.

Questions?

If you have questions, please contact provider services at **(651) 662-5200** or toll free at **1-800-262-0820**.