

SUPPORT ON YOUR PATH TO PARENTHOOD

With every career and life stage, Medtronic supports your goals through benefits that enhance your health and make it possible to pursue your passions outside of work. Whether you're thinking about starting a family, navigating pregnancy, or balancing life as a working parent — growing your family is an exciting time.



OVIA HEALTH

Ovia Health helps women, men, partners, and families navigate their most important moments with personalized, digital, and data-driven solutions.

Ovia Fertility

Learn more about your health and fertility with cycle tracking, expert research and tips, and personalized insights

Ovia Pregnancy

Supporting healthy pregnancies by providing timely articles, health and wellness tips, and weekly pregnancy updates

Ovia Parenting

Track newborn and infant health, navigate your child's early years, and receive age-specific tips and expert parenting articles

YOUR PARENTING JOURNEY COMPANION

With Ovia Health, you can connect with a Registered Nurse health coach, who you can conveniently engage with via messaging — whenever or wherever you need it. All coaches are trusted health experts with specialties ranging from mental health to lactation counseling. You'll also receive instant analysis and feedback on your health data that you enter into the tool, and information about all of your fertility, maternity, and family benefits offered by Medtronic.

Ovia Health is not a replacement for your primary care provider or pediatrician. Ovia Health provides a convenient way to receive proactive, preventative, and consistent care at any hour of the day, from a registered health professional.

89%

of millennial parents
prioritize benefits over
pay raises

Medtronic

GET STARTED

All employees have access to Ovia Health at no cost. Download Ovia Fertility, Ovia Pregnancy, or Ovia Parenting from your app store today and select "I have Ovia Health as a benefit" to get started. Support is available in English and Spanish.



HELPFUL RESOURCES

We're committed to offering benefits you need to build a personal support system. Take time to explore the range of offerings that may be ideal for you, then combine them in ways that support your goals — and make your life better.

WHAT

HOW

CONTACT

Healthy Pregnancy Program

- Tools, resources, and nurse support designed to help expectant birth mothers have the healthiest pregnancy possible

Your Medtronic medical plan

Milk Stork

- Available for mothers who travel for business, Milk Stork offers travel solutions while nursing with an option to express ship milk home while away
- Costs are covered by Medtronic

Review the Lactation Policy on policy.medtronic.com

Medtronic Employee Assistance Program (MEAP)

- Support with family situations, caregiver services, stress, and more
- MEAP consultants are available 24/7, 365 days a year
- Consultations provided in person or over the phone

800-665-4463
guidanceresources.com
Company ID: medtronic

Healthier Together

- Discounts for child care are available in certain locations
- Assistance with on-site Mother's Room

844-681-3130
healthiertogether.medtronic.com

Adoption/Surrogacy Reimbursement Program

- Helps cover legal expenses such as court fees, agency fees, foreign adoption fees, and other costs

Review the Adoption/Surrogacy Reimbursement Policy on policy.medtronic.com

Family Care Leave

- Take up to six weeks away from work for a variety of family care needs, at 100% pay

888-233-9925
matrixabsence.com

Medtronic Benefits Service Center

- Find benefit program information

833-261-5740
benefits.medtronic.com