# PROVIDER QUICK POINTS PROVIDER INFORMATION



April 8, 2020

# **Coding Tips for Psychological and Neuropsychological Testing**

This is a reminder that a change to CPT<sup>®</sup> codes for psychological and neuropsychological test administration and evaluation services were effective January 1, 2019.\* The new codes do not crosswalk on a one-to-one basis with the deleted codes. This information is applicable to all lines of business.

Blue Cross and Blue Shield of Minnesota and Blue Plus continue to see a very large number of denials as the result of providers submitting the add on codes without the base codes. In many cases, providers are then sending complaints to DHS about denials for testing which is inaccurate. The denial is related to incorrect coding, not a denial of testing benefits. The purpose of this Quick Point is to provide clarification to providers to avoid the coding errors.

These coding changes separate test administration from test evaluation, psychological testing evaluation from neuropsychological testing evaluation and define the testing performed by a professional or technician. The information below clarifies coding for these services.

Please note: Prior authorization (PA) requirements have not changed. Please check the PA requirements for each code using the Authorizations tool in the Availity® portal.

### Neurobehavioral status exams

Neurobehavioral status exams are clinical interview examinations performed by a psychologist or neuropsychologist to assess thinking, reasoning and judgment.

Providers should continue to use CPT code 96116 when billing for the first hour.

## Test administration and scoring by a psychologist or neuropsychologist

Two or more tests using any method should be billed using CPT code 96136 for the first 30 minutes and 96137 for each additional 30 minutes.

### Test administration and scoring by a technician

Two or more tests using any method should be billed using CPT code 96138 for the first 30 minutes and 96139 for each additional 30 minutes.

### **Testing evaluation services**

Testing evaluation services include the selection of the appropriate tests to be administered; integration of patient data; interpretation of standardized test results and clinical data; clinical decision-making; treatment planning; and reporting and interactive feedback to the patient, family members, or caregivers (when performed). There are distinct testing evaluation service codes for psychological testing and for neuropsychological testing.

\* American Psychological Association website: 2019 Psychological and Neuropsychological Testing Billing and Coding Guide: https://www.apa.org

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Providers should use CPT code 96130 to bill for the first hour of psychological testing evaluation services and 96131 for each additional hour.

Neuropsychological evaluation services should be billed using CPT code 96132 for the first hour and 96133 for each additional hour.

### Single automated test administration

Single automated test administration should be reported with newly created code 96146 for a single automated psychological or neuropsychological instrument that is administered via electronic platform and formulates an automated result. Psychologists should not use this code if two or more electronic tests are administered and/or if administration is performed by the professional or technician. Instead, the psychologist should use the appropriate codes listed above for test administration and scoring. A single automated test as the only service is not considered appropriate for the many elements seen with test evaluation.

### Screening and risk assessment (repetitive assessment after screening)

Screening and risk assessment (repetitive assessment after screening) includes brief emotional/behavioral assessment (for example, a depression inventory or ADHD scale) with scoring and documentation, per standardized instrument. This should be billed using CPT code 96127 separately from testing. Brief emotional/behavioral assessments should not be billed as psychological or neuropsychological testing.

### **Ouestions?**

If you have questions for a member enrolled in a Minnesota Health Care Programs (MHCP) plan, please contact provider services at **1-866-518-8448**. Please contact provider services at **(651) 662-5200** or **1-800-262-0820** for all other questions.