

PROVIDER QUICK POINTS

PROVIDER INFORMATION



November 10, 2021

Propeller – A Digital Health Resource for Select Blue Cross and Blue Shield of Minnesota Health Plan Members

Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Cross) has begun to work with Propeller to support members with asthma and chronic obstructive pulmonary disease (COPD) manage their condition. Propeller is a digital health company available at no cost to select Blue Cross members and their families, ages 2 and older.

The Propeller technology leverages Bluetooth-enabled sensors for tracking a member's rescue and controller medication use and is [compatible with the majority of inhalers on the market](#). Sensors passively sync with a smartphone or hub (if the member does not have access to a compatible smartphone/tablet). This data ultimately produces reports which can be used by the member, their caregiver or a member's case management team to manage their disease, help them follow their treatment plan and potentially intervene when a member may be at risk for an exacerbation.

Key features:

- Medication reminders
- Automatic tracking of medication use
- Personalized trigger discovery
- The ability to share data and progress with their healthcare providers

Members will receive personalized data reports and education content that assists self-management and improves understanding of their disease. The member may choose to discuss this program and their personalized reports with their healthcare team and/or ask questions about their disease control and triggers.

Blue Cross will identify members who would benefit from this program. The program is fully covered by Blue Cross at no cost to eligible members and does not affect their health plan coverage.

Products Impacted

- Minnesota Health Care Programs – Families & Children (formerly Prepaid Medical Assistance Program) and MinnesotaCare (MNCare): Age 2 years or older with a diagnosis of asthma.
- Commercial fully insured & individual members with evidence of inhaler utilization in the last year; Age 2 years or older with a diagnosis of COPD.

Questions?

If you have questions related to commercial members or benefits, contact provider services at: **(651) 662-5200** or **1-800-262-0820**. If you have questions related to Minnesota Health Care Programs members, contact provider services at **1-866-518-8448**.

For questions related to the Propeller program, contact Propeller at **(877) 251-5451**.

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