

Eating disorders

As part of the enhanced behavioral health initiatives, the eating disorder program provides proactive intervention and support for members living with anorexia or bulimia and their families.



PROACTIVE INTERVENTION

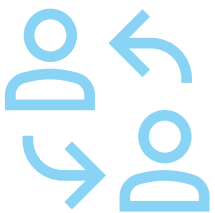
Outreach triggered by the first outpatient claim. Members receive support and chronic disease management services to help prevent inpatient hospitalizations.

- Screening for comorbid mood and anxiety disorders identifies underlying conditions
- Transition of care case management for members discharging from inpatient hospital and residential treatment programs prevents readmissions



¹Arcelus J, et al. Mortality rates in patients with anorexia nervosa and other eating disorders. Archives of General Psychiatry, 68(7):724-731

TARGET OUTCOMES



20%
engagement
of identified members



20%
cost savings



COMPASSION CALL CAMPAIGN

As a part of our COVID-19 compassionate case management initiative, current members diagnosed with an eating disorder are receiving calls from our eating disorder specialists offering support and resources.