

# Autism

As part of the enhanced behavioral health initiatives, the autism program provides proactive intervention and support for members with autism and their families.

 **1 in 54** children in the U.S. have autism\*

\*Data collected from health and special education records (if available) of 8-year-old children residing in 11 different areas throughout the United States in 2016. CDC, Community Report on Autism, 2020.



## PROACTIVE INTERVENTION

Care management support is triggered through initial outpatient diagnosis and first claim. Members receive clinical and administrative assistance with all behavioral health needs

### Board-Certified Behavior Analyst (BCBA)

- Provides intensive case management and care-giver support
- Ensures access to high quality, evidence-based applied behavior analysis (ABA) services

### Behavioral health case managers

- Locate and secure available in-network providers
- Coordinate integrated support and consultations with out-of-network providers
- Review treatment plans semi-annually/annually
- Interpret Blue Cross medical policies and treatment requirements
- Screen for and assess additional family needs
- Serve as ongoing resource for families as the child grows

## TARGET OUTCOMES

25% engagement of identified members		
Day 1	Day 30	Day 45
Claim/ outpatient diagnosis	Start ABA services	Evaluation complete



## COMPASSION CALL CAMPAIGN

As a part of our COVID-19 compassionate case management initiative, current members diagnosed on the autism spectrum are receiving calls from our Board-Certified Behavior Analyst offering support and resources.