

# BlueCross BlueShield Opioids, Extended Release (ER) Quantity Limit Program Summary

This program applies to Medicaid.

## FDA APPROVED INDICATIONS AND DOSAGE

FDA-Approved Indications: 10,15-30,33,34,36,37

FDA-Approved Indications: 10,15-30,33,34,36,37			
Brand/Generic Name	Dosing Frequency (Maximum Labeled Dose)	Indication and Usage	
Narcotics			
Arymo ER™	Two or three	Management of pain severe	
(morphine sulfate ER)	times daily	enough to require daily, around-	
15 20 60 mg		the-clock, long-term opioid treatment and for which	
15, 30, 60 mg <b>Belbuca</b> ™	Turio o doilu	alternative treatment options	
(buprenorphine buccal film)	Twice daily	are inadequate.	
(Baprenorphine Baccarrining	(1800 mcg daily)		
75, 150, 300, 450, 600, 750, 900 mcg	` , ,	Limitations of Use:	
Butrans®	1 transdermal	Because of the risks of	
Buprenorphine Transdermal	system weekly	addiction, abuse, and misuse with opioids, even at	
5, 7.5, 10, 15, 20 mcg/hour system	(20 mcg/hr)	recommended doses, and	
Duragesic <sup>®</sup>	15 patches per	because of the greater risks	
(fentanyl transdermal patch)	month	of overdose and death with extended-release opioid	
12, 25, 50, 75, 100 mcg/hour <sup>a</sup>		formulations, reserve	
Embeda®	Once or twice	product for use in patients for whom alternative	
(morphine/naltrexone ER)	daily	treatment options (e.g.,	
20-0.8, 30-1.2, 50-2, 60-2.4,		non-opioid analgesics or immediate-release opioids)	
80-3.2, 100-4 mg		are ineffective, not tolerated,	
Exalgo®	Once daily	or would be otherwise	
(hydromorphone ER) <sup>a</sup>		inadequate to provide sufficient management of	
8, 12, 16, 32 mg		pain.	
Fentanyl transdermal patch	15 patches per	·	
37.5, 62.5, 87.5 mcg/hour	month	<ul> <li>Product is not indicated as an as-needed (prn)</li> </ul>	
Hysingla ER™	Once daily	analgesic.	
(hydrocodone ER)	,	anaigesie.	
20, 30, 40, 60, 80, 100, 120 mg			

Brand/Generic Name	Dosing	Indication and Usage
Brand/ Generic Name	Frequency	indication and osage
	(Maximum	
	Labeled Dose)	
Kadian®	Once or twice	
(morphine ER) <sup>a</sup>	daily	
10 20 20 40 50 60 70 90		
10, 20, 30, 40, 50, 60, 70, 80, 100, 130, 150, 200 mg		
Morphabond ER™	Twice daily	
(morphine ER)	I wice daily	
(IIIII)		
15, 30, 60, 100 mg		
Morphine Sulfate ER	Once daily	
30, 45, 60, 75, 90, 120 mg	(1600 mg daily)	
MS Contin®	Twice daily with	
(morphine sulfate ER) <sup>a</sup>	some patients	
	requiring three	
15, 30, 60, 100, 200 mg	times daily	
Opana ER crush-resistant®	Twice daily	
(oxymorphone ER)		
5, 7.5, 10, 15, 20, 30, 40 mg		
OxyContin <sup>®</sup>	Tiaa dail	
(oxycodone ER)	Twice daily	
Oxymorphone ER	Twice daily	
	,	
5, 7.5, 10, 15, 20, 30, 40 mg		
Xtampza ER™	Twice daily	
(oxycodone ER)	(288 mg)	
9, 13.5, 18, 27, 36 mg capsules	(====9)	
Zohydro ER® Abuse Deterrent	Twice daily	1
(hydrocodone ER)	I WICE dally	
10, 15, 20, 30, 40, 50 mg capsules		

Brand/Generic Name	Dosing Frequency (Maximum Labeled Dose)	Indication and Usage
Xartemis XR™ (oxycodone/acetaminophen ER)  7.5 mg/325 mg tablet	Twice daily	Management of acute pain severe enough to require opioid treatment and for which alternative treatment options are inadequate.  Limitations of Use: Because of the risks of addiction, abuse, misuse, overdose, and death with opioids, even at recommended doses, reserve oxycodone/acetaminophen ER for use in patients for whom alternative treatment options (e.g., non-opioid analgesics) are ineffective, not tolerated, or would be otherwise inadequate
Tapentadol, Tramadol		

Brand/Generic Name	Dosing Frequency (Maximum Labeled Dose)	Indication and Usage
Nucynta ER® (tapentadol ER) 50, 100, 150, 200, 250 mg	Twice daily (500 mg daily)	Pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate.
		Neuropathic pain associated with diabetic peripheral neuropathy (DPN) in adults severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate.
		Because of the risks of addiction, abuse, and misuse with opioids, even at recommended doses, and because of the greater risks of overdose and death with extended-release opioid formulations, reserve tapentadol ER for use in patients for whom alternative treatment options (e.g., nonopioid analgesics or immediate-release opioids) are ineffective, not tolerated, or would be otherwise inadequate to provide sufficient management of pain.  Tapentadol ER is not indicated as an as-needed (prn) analgesic.
Conzip®	Once daily	Management of moderate to
(tramadol SR biphasic)	(300 mg daily)	moderately severe chronic pain in adults who require around-
100, 200, 300 mg		the-clock treatment of their pain
tramadol ERª	Once daily	for an extended period of time
100, 200, 300 mg	(300 mg daily)	
Tramadol SR Biphasic (tramadol SR biphasic)	Once daily (300 mg daily)	
150 mg	(200 mg dam)	

	Dosing Frequency (Maximum Labeled Dose)	Indication and Usage
(tramadol ER) <sup>a</sup>	Once daily (300 mg daily)	
100, 200, 300 mg	(300 mg dally)	

a – generic available

#### CLINICAL RATIONALE<sup>1,2</sup>

Narcotic analgesics and combinations are indicated for the treatment of moderate to severe pain. Immediate release products may be administered on an as needed basis whereas extended release agents are used in around-the-clock treatment of chronic pain. Morphine remains the prototype opioid; as newer agents are introduced, their efficacy and safety are compared to morphine as the gold standard. Morphine is considered the drug of choice for severe pain.<sup>3</sup> There is insufficient evidence to recommend any alternative opioid in preference to morphine as the opioid of first choice.<sup>9</sup> Tramadol has been found to be efficacious in several randomized trials for the treatment of neuropathic pain, chronic non-cancer pain, and osteoarthritis pain.<sup>11</sup>

Patients who are opioid tolerant/experienced are those receiving, for one week or longer, at least 60 mg oral morphine per day, 25 mcg transdermal fentanyl per hour, 30 mg oral oxycodone per day, 8 mg oral hydromorphone per day, 25 mg oral oxymorphone per day, or an equianalgesic dose of another opioid.

## **Current Guidelines**

Long-term opioid use often begins with treatment of acute pain. When opioids are used for acute pain, clinicians should prescribe the lowest effective dose of immediate-release opioids and should prescribe no greater quantity than needed for the expected duration of pain severe enough to require opioids. Three days or less will often be sufficient; more than seven days will rarely be needed.<sup>35</sup>

When starting opioid therapy for chronic pain, clinicians should prescribe immediate-release opioids instead of extended-release/long-acting (ER/LA) opioids. ER/LA opioids should be reserved for severe, continuous pain and should be considered only for patients who have received immediate-release opioids daily for at least 1 week.<sup>35</sup>

Scientific research has identified high-risk prescribing practices that have contributed to the overdose epidemic (e.g., high-dose prescribing, overlapping opioid and benzodiazepine prescriptions, and extended-release/long-acting [ER/LA] opioids for acute pain).<sup>35</sup>

The National Comprehensive Cancer Network (NCCN) Guidelines: Adult Cancer Pain v 2.2015 recommends that in a patient who has not been exposed to opioids in the past morphine is generally considered the standard starting drug of choice. Oral administration is the preferred route. Patients presenting with severe pain needed urgent relief should be treated with parenteral opioids.

The Evidence-based Guideline: Treatment of painful diabetic neuropathy (DPN) from the American Academy of Neurology (AAN), the American Association of Neuromuscular and Electrodiagnostic Medicine, and the American Academy of Physical Medicine and Rehabilitation state the following: 11 Dextromethorphan, morphine, tramadol, and oxycodone

should be considered for the treatment of DPN, but data is insufficient to recommend one agent over the other, but are not considered as first line therapy.  $^{11}$  Tapentadol has a similar mechanism of action as tramadol, with indications for treatment of moderate to severe pain in adults as well as for the treatment of diabetic peripheral neuropathy, but is not recommended by any guidelines.  $^{2,11}$ 

The AAN states that although there is evidence for significant pain relief with opioids in the short term (average duration of trials 5 weeks, range 1-16 weeks), there is no substantial evidence for maintenance of pain relief over longer periods of time, or significant evidence for improved physical function.<sup>31</sup>

The World Health Organization (WHO) Pain Relief Ladder states:<sup>6</sup>
If pain occurs, there should be prompt oral administration of drugs in the following order: nonopioids (aspirin and acetaminophen); then, as necessary, mild opioids (codeine); then strong opioids such as morphine, until the patient is free of pain.

The American Society for Interventional Pain Physicians (ASIPP) Guidelines for Responsible Opioid Prescribing in Chronic Non-Cancer Pain (2012) states the following: While there is significant short-term evidence available for all opioids, the evidence for long-term effectiveness is inconclusive due to relatively short (3 months) duration of studies and lack of quality studies. The ASIPP also recommends the following when prescribing opioids for chronic use:<sup>13</sup>

- Before initiating opioid therapy, a comprehensive assessment and documentation which includes comprehensive history, general medical condition, psychosocial history, psychiatric status, and substance use history.
- Screening for opioid use.
- Implement prescription monitoring program.
- Establish appropriate physical diagnosis and psychological diagnosis if available prior to initiating therapy.
- Establish medical necessity for initiating and maintaining therapy.
- Establish treatment goals.
- Establish a robust agreement with patient to prevent overuse, misuse, abuse, and diversion.
- A pain management consultation, may assist non-pain physicians, if high-dose opioid therapy is utilized.

The CDC guideline for opioid prescribing states that although identification of an opioid use disorder can alter the expected benefits and risks of opioid therapy for pain, patients with co-occurring pain and substance use disorder require ongoing pain management that maximizes benefits relative to risks. Clinicians should continue to use non-pharmacologic and non-opioid pharmacologic pain treatments as appropriate and consider consulting a pain specialist as needed to provide optimal pain management.<sup>35</sup>

An ASIPP 2017 Guideline for Responsible, Safe, and Effective Prescription of Opioids for Chronic Non-Cancer Pain states that there is similar effectiveness for long and short-acting opioids, with increased adverse consequences of long-acting opioids. Long-acting agents should only be used in the management of severe, intractable pain.<sup>39</sup>

## Safety

Adverse effects to opioid analgesics include respiratory depression, nausea, vomiting, urinary retention, mental clouding, tolerance and dependence, sedation, ileus, constipation, euphoria, pruritus, and biliary spasms.

Patients should receive FDA approved dosing as excessive narcotic administration may lead

to coma or death. Patients that develop opioid tolerance may need increased doses or additional therapies to manage pain. Tramadol and tramadol containing products have been associated with adverse events including seizures that may be dose related.<sup>1,2</sup>

In September 2013 the FDA issued a safety bulletin. In an effort to combat the rising rate of opioid-related deaths, the FDA will require safety label changes on all extended release and long-acting opioid analgesics (extended-release and long-acting opioids include hydromorphone, morphine, oxycodone, oxymorphone, and tapentadol).<sup>13</sup>

- The new safety information will emphasize that the drugs are only to be used for
  patients requiring continuous treatment when other treatment options, including
  non-opioid analgesics or immediate-release opioids, are ineffective or intolerable.
  The labels will also indicate that the drugs should not be used on an "as-needed"
  pain relief basis.
- The FDA is also requiring a new boxed warning on ER/LA opioid analgesics to caution that chronic maternal use of these products during pregnancy can result in neonatal opioid withdrawal syndrome (NOWS), which may be life-threatening and require management according to protocols developed by neonatology experts.
- In addition, the FDA is notifying ER/LA opioid analgesic application holders of the need for changes to the following sections of drug labeling: Dosage and Administration; Warnings and Precautions; Drug Interactions; Use in Specific Populations; Patient Counseling Information, and the Medication Guide.<sup>13</sup>
- Once the safety labeling changes are finalized, modifications will also be made to the ER/LA Opioid Analgesics Risk Evaluation and Mitigation Strategy (REMS), to reflect the updated information.
- The FDA will also require drug companies to conduct longer studies and trials of extended-release and long-acting opioid painkillers that are already on the market. The studies will assess known risks associated with the drugs, including increased sensitivity to pain, misuse, abuse, addiction, overdose, and death.<sup>13</sup>

Hydrocodone combination products have been reclassified to Schedule II by the Drug Enforcement Administration (DEA) effective October 2014. This change followed the recommendation out of the FDA Advisory Committee meeting that occurred in January 2013 where the committee voted 19 to 10 to reschedule these products. 18

Use of tramadol or codeine containing products in pediatric patients has cause lifethreatening respiratory depression, with some of the reported cases occurring post-tonsillectomy and/or adenoidectomy. Ultra-rapid metabolizers are at increased risk of lifethreatening respiratory depression due to a CYP2D6 polymorphism. Use in children under 12 years of age is contraindicated for these products, and for those between the ages of 12 and 18 years when used for post-operative pain management following tonsillectomy and/or adenoidectomy. 38

Concomitant use of tramadol with MAO inhibitors or selective serotonin reuptake inhibitors (SSRIs) increases the risk of adverse events such as seizures and serotonin syndrome. Withdrawal symptoms may occur if tramadol is discontinued abruptly.<sup>11</sup>

For additional clinical information see the Prime Therapeutics Formulary Chapters 10.1: Non-Narcotic Analgesics; 10.2A: Narcotic Agonists + Mixed; 10.2B: Tramadol; 10.2C: Narcotic Combinations; and Prime Therapeutics Formulary Monograph: Nucynta (tapentadol)

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## **Opioids ER Quantity Limit**

## **OBJECTIVE**

The intent of the quantity limit for opioids extended-release (ER) is to allow for quantities that permit dose choices that individualize the treatment plan for chronic pain to the needs of the patient. Requests for larger quantities will be reviewed if the prescriber provides evidence that the requested dose is appropriate for the patient. Tramadol or codeine containing agents will not be approved for pediatric patients less than 12 years of age, nor for patients less than 18 years of age for post-operative pain management following a tonsillectomy and/or adenoidectomy.

## **QUANTITY LIMIT TARGET AGENTS - RECOMMENDED LIMITS**

Brand (generic)	GPI	Quantity Per Day Limit
Narcotic Analgesics		, , , , , , , , , , , , , , , , , , , ,
Arymo ER (morphine sulfate)		
15 mg extended release tablet	6510005510A620	3 tablets
30 mg extended release tablet	6510005510A630	3 tablets
60 mg extended release tablet	6510005510A640	3 tablets
Belbuca (buprenorphine buccal film)	•	,
75 mcg buccal film	65200010108210	2 films
150 mcg buccal film	65200010108220	2 films
300 mcg buccal film	65200010108230	2 films
450 mcg buccal film	65200010108240	2 films
600 mcg buccal film	65200010108250	2 films
750 mcg buccal film	65200010108260	2 films
900 mcg buccal film	65200010108270	2 films
<b>Butrans, Buprenorphine Transdermal</b>	System	
5 mcg/hour transdermal system <sup>a</sup>	65200010008820	1 system/week
7.5 mcg/hour transdermal system	65200010008825	1 system/week
10 mcg/hour transdermal system <sup>a</sup>	65200010008830	1 system/week
15 mcg/hour transdermal system <sup>a</sup>	65200010008835	1 system/week
20 mcg/hour transdermal system <sup>a</sup>	65200010008840	1 system/week
<b>Duragesic (fentanyl transdermal patcl</b>	h)	
12 mcg/hr transdermal patch <sup>a</sup>	65100025008610	15 patches/month
25 mcg/hr transdermal patch <sup>a</sup>	65100025008620	15 patches/month
50 mcg/hr transdermal patcha	65100025008630	15 patches/month
75 mcg/hr transdermal patcha	65100025008640	15 patches/month
100 mcg/hr transdermal patch <sup>a</sup>	65100025008650	15 patches/month
Embeda (morphine/naltrexone ER)		
20 mg/0.8 mg controlled-release capsule	65100055700220	2 capsules
30 mg/1.2 mg controlled-release capsule	65100055700230	2 capsules
50 mg/2 mg controlled-release capsule	65100055700240	2 capsules
60 mg/2.4 mg controlled-release capsule	65100055700250	2 capsules
80 mg/3.2 mg controlled-release capsule	65100055700260	2 capsules
100 mg/4 mg controlled-release capsule	65100055700270	2 capsules
Exalgo (hydromorphone ER)		
8 mg extended-release tablet <sup>a</sup>	6510003510A820	1 tablet
12 mg extended-release tablet <sup>a</sup>	6510003510A830	1 tablet
16 mg extended-release tablet <sup>a</sup>	6510003510A840	1 tablet

Brand (generic)	GPI	Quantity Per Day Limit
32 mg extended-release tablet <sup>a</sup>	6510003510A855	1 tablet
fentanyl transdermal patch		
37.5 mcg/hr transdermal patch <sup>a</sup>	65100025008626	15 patches/month
62.5 mcg/hr transdermal patcha	65100025008635	15 patches/month
87.5 mcg/hr transdermal patch <sup>a</sup>	65100025008645	15 patches/month
Hysingla ER (hydrocodone ER)		
20 mg extended-release tablet	6510003010A810	1 tablet
30 mg extended-release tablet	6510003010A820	1 tablet
40 mg extended-release tablet	6510003010A830	1 tablet
60 mg extended-release tablet	6510003010A840	1 tablet
80 mg extended-release tablet	6510003010A850	1 tablet
100 mg extended-release tablet	6510003010A860	1 tablet
120 mg extended-release tablet	6510003010A870	1 tablet
Kadian (morphine sulfate ER)	65100055107010	
10 mg sustained-release capsule <sup>a</sup>	65100055107010	2 capsules
20 mg sustained-release capsule <sup>a</sup>	65100055107020	2 capsules
30 mg sustained-release capsule <sup>a</sup>	65100055107030	2 capsules
40 mg sustained-release capsule <sup>a</sup>	65100055107035	2 capsules
50 mg sustained-release capsule <sup>a</sup>	65100055107040	2 capsules
60 mg sustained-release capsule <sup>a</sup>	65100055107045	2 capsules
70 mg sustained-release capsule <sup>b</sup>	65100055107047	2 capsules
80 mg sustained-release capsule <sup>a</sup>	65100055107050	2 capsules
100 mg sustained-release capsule <sup>a</sup>	65100055107060	2 capsules
130 mg sustained-release capsule <sup>b</sup>	65100055107070	2 capsules
150 mg sustained-release capsule <sup>b</sup>	65100055107074	2 capsules
200 mg sustained-release capsule	65100055107080	2 capsules
Morphabond ER (morphine ER)		
15 mg ER tablet	6510005510A720	2 tablets
30 mg ER tablet	6510005510A730	2 tablets
60 mg ER tablet	6510005510A740	2 tablets
100 mg ER tablet	6510005510A760	2 tablets
Morphine Sulfate ER		
30 mg sustained-release capsule	65100055207020	1 capsule
45 mg sustained-release capsule	65100055207025	1 capsule
60 mg sustained-release capsule	65100055207030	1 capsule
75 mg sustained-release capsule	65100055207035	1 capsule
90 mg sustained-release capsule	65100055207040	1 capsule
120 mg sustained-release capsule	65100055207050	1 capsule
MS Contin (morphine sulfate ER)	•	
15 mg sustained-release tablet <sup>a</sup>	65100055100415	3 tablets
30 mg sustained-release tablet <sup>a</sup>	65100055100432	3 tablets
60 mg sustained-release tablet <sup>a</sup>	65100055100445	3 tablets
100 mg sustained-release tablet <sup>a</sup>	65100055100460	3 tablets
200 mg sustained-release tablet <sup>a</sup>	65100055100480	3 tablets

Brand (generic)	GPI	Quantity Per Day Limit
Opana ER (oxymorphone SR, crush re	sistant ER)	· · · · · · · · · · · · · · · · · · ·
5 mg sustained-release tablet	6510008010A705	2 tablets
7.5 mg sustained-release tablet	6510008010A707	2 tablets
10 mg sustained-release tablet	6510008010A710	2 tablets
15 mg sustained-release tablet	6510008010A715	2 tablets
20 mg sustained-release tablet	6510008010A720	2 tablets
30 mg sustained-release tablet	6510008010A730	2 tablets
40 mg sustained-release tablet	6510008010A740	2 tablets
OxyContin (oxycodone ER)		
5 mg extended release tablet <sup>b</sup>	6510007510A705	2 tablets
10 mg extended release tablet	6510007510A710	2 tablets
15 mg extended release tablet	6510007510A715	2 tablets
20 mg extended release tablet	6510007510A720	2 tablets
30 mg extended release tablet	6510007510A730	2 tablets
40 mg extended release tablet	6510007510A740	2 tablets
60 mg extended release tablet	6510007510A760	4 tablets
80 mg extended release tablet	6510007510A780	4 tablets
Oxymorphone SR		
5 mg sustained-release tablet	65100080107405	2 tablets
7.5 mg sustained-release tablet	65100080107407	2 tablets
10 mg sustained-release tablet	65100080107410	2 tablets
15 mg sustained-release tablet	65100080107415	2 tablets
20 mg sustained-release tablet	65100080107420	2 tablets
30 mg sustained-release tablet	65100080107430	2 tablets
40 mg sustained-release tablet	65100080107440	2 tablets
Xartemis XR (oxycodone/acetaminoph	nen ER)	•
7.5 mg/325 mg extended release tablet	65990002200430	4 tablets
Xtampza ER (oxycodone ER)	•	
9 mg capsule	6510007500A310	2 capsules
13.5 mg capsule	6510007500A315	2 capsules
18 mg capsule	6510007500A320	2 capsules
27 mg capsule	6510007500A330	2 capsules
36 mg capsule	6510007500A340	2 capsules
Zohydro ER Abuse Deterrent (hydroco	done ER)	
10 mg sustained-release capsule	6510003010A310	2 capsules
15 mg sustained-release capsule	6510003010A315	2 capsules
20 mg sustained-release capsule	6510003010A320	2 capsules
30 mg sustained-release capsule	6510003010A330	2 capsules
40 mg sustained-release capsule	6510003010A340	2 capsules
50 mg sustained-release capsule	6510003010A350	2 capsules
Tramadol, Tapentadol		

Brand (generic)	GPI	Quantity Per Day Limit	
ConZip (tramadol SR biphasic ER)			
100 mg sustained-release capsule	65100095107070	1 capsule	
200 mg sustained-release capsule	65100095107080	1 capsule	
300 mg sustained-release capsule	65100095107090	1 capsule	
Nucynta ER (tapentadol ER)	•	•	
50 mg extended-release tablet	65100091107420	2 tablets	
100 mg extended-release tablet	65100091107430	2 tablets	
150 mg extended-release tablet	65100091107440	2 tablets	
200 mg extended-release tablet	65100091107450	2 tablets	
250 mg extended-release tablet	65100091107460	2 tablets	
Tramadol ER			
100 mg sustained-release tablet <sup>a</sup>	65100095107560	1 tablet	
200 mg sustained-release tablet <sup>a</sup>	65100095107570	1 tablet	
300 mg sustained-release tablet <sup>a</sup>	65100095107580	1 tablet	
Tramadol ER (tramadol SR biphasic)			
150 mg sustained-release capsule	65100095107075	1 capsule	
Ultram ER (tramadol ER)			
100 mg sustained-release tablet <sup>a</sup>	65100095107520	1 tablet	
200 mg sustained-release tablet <sup>a</sup>	65100095107530	1 tablet	
300 mg sustained-release tablet <sup>a</sup>	65100095107540	1 tablet	

a – generic available, included in quantity limit program b - discontinued

## PRIOR AUTHORIZATION CRITERIA FOR APPROVAL

Quantities of **Opioids ER** which are above the program set limit but **less than or equal to the Program Maximum Daily Dose** (maximum mg allowed with highest dosage strength) will be approved when ALL of the following are met:

 The quantity (dose) requested cannot be achieved using a lesser quantity of a higher strength

## **AND**

2. The prescriber has submitted documentation in support of therapy with a higher dose (quantity) for the intended diagnosis which has been reviewed and approved by the Clinical Review pharmacist

#### AND

- 3. ONE of the following:
  - The requested opioid does not contain tramadol or codeine
     OR
  - b. The requested opioid contains tramadol or codeine AND ONE of the following:
    - The patient is between 12 and 18 years of age AND the requested opioid will NOT be used for post-operative pain management following a tonsillectomy and/or adenoidectomy

#### OR

ii. The patient is 18 years of age or older

**Length of Approval:** 1 month for dose titration requests Up to 6 months for all other requests

Quantities of **Opioids ER** which are **greater than the Program Maximum Daily Dose** (maximum mg allowed with highest dosage strength) will be approved when ALL of the following are met:

1. The quantity (dose) requested cannot be achieved using a lesser quantity of a higher strength

## **AND**

- 2. ONE of the following:
  - a. The member has a diagnosis of active cancer pain due to an active malignancy  $\mathbf{OR}$
  - b. The member is eligible for hospice care

#### OR

- c. The member is undergoing treatment of chronic non-cancer pain and ALL of the following are met:
  - i. The prescriber provides documentation of a formal, consultative evaluation including:
    - a. Diagnosis

#### AND

b. A complete medical history which includes previous and current pharmacological and non-pharmacological therapy

#### MD

c. The need for continued opioid therapy has been assessed

#### AND

ii. The prescriber has confirmed that a patient-specific pain management plan is on file for the patient

#### AND

iii. The prescriber has confirmed that the patient is not diverting the requested medication, according to the patient's records in the state's prescription drug monitoring program (PDMP), if applicable

## AND

3. The prescriber has submitted documentation in support of therapy with a higher dose (quantity) for the intended diagnosis which has been reviewed and approved by the Clinical Review pharmacist.

#### AND

- 4. ONE of the following:
  - a. The requested opioid does not contain tramadol or codeine
  - b. The requested opioid contains tramadol or codeine AND ONE of the following:
    - The patient is between 12 and 18 years of age AND the requested opioid will NOT be used for post-operative pain management following a tonsillectomy and/or adenoidectomy

#### OR

ii. The patient is 18 years of age or older

**Length of Approval:** 1 month for dose titration requests
Up to 6 months for all other requests